



THE RETREATER'S BIBLIOGRAPHY

BY DON AND
BARBIE STEPHENS

Including:

- ■ Supplement #1
- ■ The "RETREAT" issue
of Innovator
- ■ Basic Checklist
For Retreaters

THE RETREATER'S BIBLIOGRAPHY

BY DON AND BARBIE STEPHENS

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This bibliography is by no means a complete list of all the sources of information and materials needed to assemble a retreat from troubled times. Such an assemblage of information would fill many volumes. Each individual must select his own approach to "retreating" and thus what would be useful information to one would be paper wasted to another. Rather we have tried to gather here books and material sources that would serve as a starting point and signpost to the many possible paths from which one must choose. We have selected books which most clearly and simply cover each subject and many of these contain their own bibliographies in turn or will refer to other sources of information. The sources of material listed are intended to provide a sampling of what is available in the market and in many cases these sources give an idea of the price of not "doing-it-yourself".

As much of the information necessary to obtain each source item as we were able to find is listed. The prices listed were standard list prices at the time the bibliography was prepared in 1967, but many of the books and magazines are readily available at much reduced prices in used book stores. Also, a number of the books listed with hardbound prices are now available in paperback editions — check with your book dealer. For items which are not available new or which must be searched, we have had very good luck with P. K. Slocum, 7733 Corey Street, Downey, California 90242 over a period of several years. She does not charge for search service unless she finds what you are looking for. If you use her services let her know you saw her name in the bibliography for she too is retreat oriented and will give you excellent service. Although materials needed to build and equip a retreat are available new from the sources listed, a great deal of money may be saved by watching the ads in newspapers and on grocery store and laundromat bulletin boards. Second-hand and junk stores as well as auctions and swap-meets are priceless sources of both commodities and reference materials.

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■ DON and BARBIE STEPHENS

In its concern for promoting the common welfare, the United States Government has persuaded the taxpayer to give forth a bit of his all to support an intense publishing program. Valuable information can be had for a few "In God We Trust" slugs from the Superintendent of Documents, United States Printing Office, Washington, D. C. 20402. Where government documents are listed, they should be ordered from this address. Many other government documents not listed here are available on various subjects. "Free" price lists of publications which may be of interest to the retiree are available also from the above address. These should be requested by name and number as follows:

<u>Price List #</u>	<u>Title</u>
11	"Home Economics" — Foods and cooking
15	"Geology"
19	"Army" — Field manuals and technical manuals
21	"Fish and Wildlife"
31	"Education"
38	"Animal Industry" — Farm animals, poultry, and dairying
42	"Irrigation, Drainage and Water Power"
43	"Forestry"
44	"Plants" — Fruits, grasses, vegetables, and grain
46	"Soils and Fertilizer"
48	"Weather, Astronomy and Meteorology"
51	"Health and Hygiene" — Drugs and sanitation
53	"Maps" — Engineering and surveying
58	"Mines"
72	"Homes" — Construction, maintenance, etc.
81	"Posters and Charts"
82	"Radio and Electricity"
84	"Atomic Energy and Civil Defense"
86	"Consumer Information" — Recreation, gardening, health and safety, food, housing, child care, clothing and fabrics

SURVIVAL AND CAMPING**SURVIVING AN ECONOMIC DISASTER**

novator - Feb. 1967
 ox 34718, Los Angeles, California 90035
 Pages - 25¢

RUSOE OF LONESOME LAKE

y Leland Stowe
 ub. By: Random House, New York, N. Y.
 c) 1957 234 Pages
 \$5.75 (Canadian) Hardbound
 The story of Ralph Edward's lifelong battle
 with raw nature. It shows how a brave
 family conquered all obstacles and found
 happiness in the wilderness.

FRIZZLIES IN THEIR BACKYARD

y Beth Day
 Pub. By: Julian Messner, Inc.
 8 West 40 Street
 New York 18, N. Y.
 (c) 1956 224 Pages
 \$4.95 (Canadian) Hardbound
 Story of Jim and Laurette Stanton who went
 up into the deepest wilderness of the Great
 North Woods of B.C. and stayed there.

AT HOME IN THE WOODS

By Vena & Bradford Angier
 Pub. By: Stackpole Co., Harrisburg, Pa.
 \$5.00 Hardbound
 Personal experience of couple who survived
 their first winter in the woods makes honest
 and exciting reading.

THE ART OF SURVIVAL

By Cord Christian Troebst
 Pub. By: Doubleday and Co., Garden City, N.Y.
 (c) 312 Pages \$5.95 Hardbound
 Actual experiences of people in emergency
 situations.

THREE MONTH SURVIVAL SUPPLY FOR FAMILY OF TWO

Available From: Burgett Enterprises
 13167-A Brookhurst St.
 Garden Grove, California
 6 Pages \$1.00 plus self-addressed, stamped
 #10 Envelope.
 A \$1,000 budget of food, medicine, clothing,
 shelter, power, heating, utensils, hunting,
 fishing, communications, and personal sup-
 plies for use with a camper.

THE SURVIVAL BOOK

By: Paul Nesbit, Alonzo Pond and Wm. Allen
 Pub. By: D. Van Nostrand Co., Princeton, N.J.
 (c) 330 Pages \$8.50 Hardbound
 A comprehensive manual on survival under all
 possible climatic conditions.

SURVIVAL HANDBOOK

By Robert C. Suggs
 Pub. By: The MacMillan Co., New York, N.Y.
 (c) 231 Pages \$3.95 Hardbound
 Survival information and methods relating
 to condition during and after an atomic war
 or "incident".

GETTING OUT OF OUTDOOR TROUBLE

By: W.K. Merrill
 Available From: Shooter's Bible
 55 Ruta Court
 South Hackensack, N. J.

\$2.95 Paperback
 Handbook on surviving emergencies in the
 woods. A must.

SUN, LAND AND SURVIVAL

Adtic Publication #D-102
 Gov. Doc. Price unknown

AFOOT IN THE DESERT

Adtic Publication #D-100
 Gov. Doc. Price Unknown

HOW TO SURVIVE ON LAND AND SEA

U.S. Naval Institute Manual
 1951 (a more recent edition may be
 available) \$4.00
 Available from U.S. Naval Institute
 Annapolis, Maryland

BASIC ARCTIC MANUAL

Department of the Army Field Manual
 Gov. Doc. #FM 31-70 Price Unknown

EMERGENCY RESCUE SURVIVAL

Air Force Manual
 Gov. Doc. #AFM 64-5
 1961 162 Pages \$1.00

FIELD MANUAL - SURVIVAL

Department of the Army Field Manual
 Gov. Doc. #FM 21-76
 1957 285 Pages \$1.00

HOW TO GO LIVE IN THE WOODS ON \$10 A WEEK

By Bradford Angier
 Pub. By: Stackpole Co., Harrisburg, Pa.
 \$5.00 Hardbound

ON YOUR OWN IN THE WILDERNESS

By Col. T. Whelen & Bradford Angier
 Pub. By: Stackpole Co., Harrisburg, Pa.
 (c) 1958 324 Pages \$5.00 Hardbound
 Two eminent authorities give complete,
 accurate and useful data on all phases of
 camping and travel in primitive areas.

WILDWOOD WISDOM

By Ellsworth Jaeger
 Pub. By: MacMillan Pub. Co., New York, N.Y.
 \$5.50 Hardbound
 An encyclopedia of wood lore, contains
 hundreds of detailed drawings of essential
 requirements for camping out.

THE NEW WAY OF THE WILDERNESS

By Calvin Rutstrum
 Available From: Shooter's Bible
 55 Ruta Court
 South Hackensack, N.J.
 \$4.95 Contains data on preparing a
 wilderness journey with the most modern and
 up to date camping equipment and methods.

HOME IN YOUR PACK

By Bradford Angier

Available From: Shooter's Bible
55 Ruta Court
South Hackensack, N.J.

\$4.50 Details where to go, kinds of packs, equipment, clothes to wear and pack, food, trail recipes to try.

MOUNTAINEERING - THE FREEDOM OF THE HILLS

Edited By: Harvey Manning

Pub. By: The Mountaineers
Seattle, Washington

(c) 1960 430 Pages \$7.50 Hardbound

BASIC MOUNTAINEERING

Edited By: Henry I. Mandolf

Pub. By: Conklin Litho, San Diego, Calif.

(c) 1965 118 Pages \$2.00 Paperback
A paperback condensation of "Mountaineering - The Freedom Of The Hills".

LIGHTWEIGHT CAMPING EQUIPMENT AND HOW TO MAKE IT

By Gerry Cunningham and Margaret Hansson
Pub. By: Highlander Pub. Co.

Boulder, Colorado

(c) 1959 130 Pages \$2.50 Hardbound
Includes high altitude mountain climbing gear.

WOODSMOKE

By Ellsworth Jaeger

Available From: Shooter's Bible
55 Ruta Court
South Hackensack, N.J.

\$4.50 Hardbound
A virtual gold mine of short cuts, step-by-step, how-to-do crafts and camping skills.

HANDBOOK FOR BOYS (BOY SCOUT HANDBOOK)

Published by Boy Scouts of America

New Brunswick, New Jersey

(c) 1948 568 Pages \$1.00 Paperback
Skills discussed include hiking, camping, woodlore, tracking, stalking, use of maps, compass and woodsman's tools, fire building, cooking and first aid.

EXPLORER MANUAL

Published by Boy Scouts of America

New Brunswick, N.J.

(c) 1955 386 Pages 75¢ Paperback
100 Pages on outdoor skills.

GOLD AND SILVER

GOLD AND SILVER BULLETIN

By Loyd L. Parker

P.O. Box 13406, Houston, Texas 77019

No Charge

A periodic report on the silver market and a source of gold coins and silver in coin and bar form.

ART'S GOLD CHEST

3239 E. Anaheim St., Long Beach 4, California
Phone: 439-5214 (Riley J. Burgett, Prop.)

LOS ANGELES GOLD MARKET

P.O. Box 1048-J
Arleta, California Phone: 899-3350

FINDING A PROPER LOCATION

RAND McNALLY NEW COSMOPOLITAN WORLD ATLAS

Pub. By: Rand McNally & Co., New York, N.Y.

(c) 1965 350 Pages \$16.95 Hardbound

MAP AND COMPASS

By Bjorn Kjellstrom

Pub. By: American Orienteering Service
La Porte, Indiana

(c) 1967 136 Pages \$2.50 Hardbound

PACIFIC NORTHWEST AND BRITISH COLUMBIA

By the Editors of Sunset Magazine

Published by Lane Magazine & Book Co.
Menlo Park, Calif.

1966 180 Pages \$1.95
Other similar books are available on Alaska, Arizona, Mexico, Northern California and Southern California.

PLANT HARDINESS ZONE MAP

Gov. Doc. #A 1. 38:814/2

(c) 1965 2 Pages 20¢

CLIMATE AND MAN

1941 U.S. Dep't. of Agriculture Yearbook

U.S. Government Document

1248 Pages \$1.75 Hardbound

This volume is very valuable in the selection of an area. Extensive climatic maps and records are given, as well as the relation of soil, crops, domestic animals, and diseases to climate. This book covers the U.S.A.

HOW TO PAN YOUR OWN GOLD AND WHERE TO SEEK IT

By Paul H. Keating

Available from J.D. Simpson & Co.
19 W. 27th Avenue
Spokane, Washington

1953 \$1.50

CANADIAN IMMIGRATION OFFICER

325 Montgomery St., San Francisco, Calif.

Information on Governmental restrictions of living in Canada.

THE ACQUISITION OF CROWN LANDS IN BRITISH COLUMBIA

Available From: British Columbia Land Serv.
Dep't. of Lands, Forests &
Water Resources
Victoria, British Columbia
and Series Bulletin #11
info on purchase, lease, pre-emption and
other forms of crown lands. Also index map
of provincial land status maps.

WITTED FARM AGENCY CATALOG

12 W. 47th St., Kansas City, Missouri 64112
70 Pages No Charge
This coast to coast agency can be very help-
ful in obtaining anything from an operating
farm to an unimproved piece of land far back
in the boon docks. The catalog gives you a
representative sampling of what is available
in a given area and how much it will cost.

TROUT REALTY

21 E. Green, Pasadena, California
Phone: MU 4-1920
Offices all over the U.S.; specializing in
out-of-the-way real estate listings.

FOOD SUPPLY

THE ABC AND XYZ OF BEE CULTURE

By A. I. Root
Pub. By: A. I. Root Co., Medina, Ohio
(c) 1962 700 Pages \$4.95
An encyclopedia of scientific and practical
knowledge on bee culture.

AMATEUR BEEKEEPING

By Edward L. Sechrist
Pub. By: The Devin-Adair Co., New York, N.Y.
1956 148 Pages \$3.50
Practical experience in beekeeping.

BULL COOK AND AUTHENTIC HISTORIC RECIPES AND PRACTICES

By George and Berthe Herter
Pub. By: Herter's Inc., Waseca, Minnesota
(c) 1965 352 Pages \$4.95
Contains many "rustic type" recipes, how
to make wines and beers, how to make soap,
what to do in case of an A-Bomb attack.

HUNTING SECRETS OF THE EXPERTS

Edited By: Vlad Evanoff
Pub. By: Doubleday Pub. Co., Garden City, N.Y.
(c) 1964 227 Pages \$4.95
Tracking, stalking, and shooting techniques
are covered, including bow-hunting.

SHOOTER'S BIBLE GAME COOK BOOK

By Gertrude Steindler
Pub. By: Follett Pub. Co., Chicago, Ill.
(c) 1965 224 Pages \$5.95 Hardbound
\$2.95 Paperbound

MR. KELVIN CULLINANE PACE-KERBY AGENCY

112 Main St., Bonners Ferry, Idaho
NORTHERN IDAHO property; Mr. Cullinane is
oriented to the retreat concept.

LIBERTY HILLS FARMS

Owned By: A.D. Sperry, M.D.
Box 475, Camp Verde, Arizona
Land For Sale by Libertarian

U.S. GEOLOGICAL SURVEY MAPS

Denver Distribution Section
Geological Survey, Federal Center
Denver, Colorado 80226

THE SPORTSMAN'S COOKBOOK

By Ted Karry with Margaret Key
Available From: Shooter's Bible
55 Ruta Court
South Hackensack, N. J.

\$3.50 Hardbound
Tells how to prepare large and small game,
wild fowl, fresh and salt-water fish.
Also contains info on cleaning and storing
catch, building smoke houses, and 175
recipes.

BACKPACK COOKERY

By Ruth Dyar Mendenhall
Pub. By: La Siesta Press, Glendale, Calif.
(c) 1966 40 Pages \$1.00 paperback

FOOD FOR KNAPSACKERS AND OTHER TRAIL TRAVELERS

By Winnie Thomas and Hasse Bunnelle
Pub. By: Sierra Club, San Francisco, Calif.
(c) 1964 64 Pages \$1.25 Paperback

COMMON EDIBLE AND USEFUL PLANTS OF THE WEST

By Muriel Sweet
Pub. By: Naturegraph Co., Healdsburg, Calif.
(c) 1962 64 Pages \$1.00 Paperback

LIVING OFF THE COUNTRY

By Bradford Angier
Pub. By: Stackpole Co., Harrisburg, Pa.
\$5.00 Hardbound
(This is available in paperback under the
name: "How to Stay Alive in the Woods"
Published by Collier Books.
95¢ New York, N. Y.)

WILDERNESS COOKERY

By Bradford Angler

Available From: Shooter's Bible

55 Ruta Court

South Hackensack, N. J.

\$3.95 Shows how to combine natural foods with staples. Also contains many out-of-doors recipes.

LET'S EAT RIGHT TO KEEP FIT

By Adelle Davis

Pub. By: Harcourt, Brace and World, Inc.

(c) 1954 322 Pages \$3.75

Contains info on food, diet and human nutrition for non-medical people who are seeking technical knowledge in a layman's language.

FUN WITH YOUR VINO HOME WINEMAKING KIT

Pub. By: The Vino Corporation

Box 68, East Rochester, N.Y. 14445

(c) 1965 23 Pages 65¢ Paperbound
How to make wine and equipment available to produce "good" home made wine.

BALL BLUE BOOK

Pub. By: Ball Brothers Company, Inc.

El Monte, California

(c) 1963 96 Pages 35¢ Paperbound
Easy guide to tasty, thrifty home canning and freezing.

THE COMPLETE BOOK OF HOME FREEZING

By Ann Seranne

Pub. By: Doubleday and Co., Inc.

Garden City, New York

(c) 1953 350 Pages Price Unknown
Hardbound

KERR HOME CANNING BOOK

Pub. By: Kerr Glass Manufacture Corp.

Sand Springs, Oklahoma

(c) 1965 56 Pages 35¢ Paperbound

STORAGE OF VEGETABLE SEEDS

Government Doc. #A 1.35:220/4

(c) 1964 8 Pages 5¢

PRUNING HARDY FRUIT PLANTS

Government Doc. # A 1.9:1870/2

(c) 1957 46 Pages 20¢

HOTBEDS AND COLD FRAMES

Gov. Doc. # A 1.9:1743/3

(c) 1952 28 Pages 15¢

A PLASTIC COVERED GREENHOUSE, FARM

BUILDING PLAN #5946

Gov. Doc. # A 1.38:957

(c) 1964 2 Pages 5¢

TIPS ON SELECTING FRUITS AND VEGETABLES

Gov. Doc. # A 1.95:13

(c) 1961 44 Pages 20¢

**STORING VEGETABLES AND FRUITS IN BASEMENTS
CELLARS AND OUTBUILDINGS**

Gov. Doc. # A 1.77:119

(c) 1966 15¢

HOME FREEZING OF FRUITS AND VEGETABLES

Gov. Doc. # A 1.77:10/4

(c) 1966 48 Pages 20¢

GROWING VEGETABLES IN TOWN AND CITY

Gov. Doc. # A 1.77:7/4

(c) 1962 40 Pages 25¢

**FIELD AND SEED CROPS, USUAL PLANTING AND
HARVESTING DATES BY STATES IN PRINCIPAL
AREAS**

Gov. Doc. # A 1.76:283

(c) 1965 84 Pages 45¢

DRYING SHELLED CORN AND SMALL GRAINS

Gov. Doc. # A 1.9:2214

(c) 1965 12 Pages 10¢

ORGANIC GARDENING AND FARMING MAGAZINE

Published By: Rodale Press, Inc.

33 East Minor Street

Emmaus, Penn.

Printed Monthly. About 110 Pages
1 Yr. - \$5.00, 2 Yrs. \$9.00, 3 Yrs. \$12.50
Covers all aspects of gardening and tree culture. Shows how to obtain maximum yields in home gardens without use of synthetic fertilizers, insect control without chemical poisons.

HENRY FIELD'S SEED AND PLANT CATALOG

By Henry Field Seed and Nursery Co.

Shenandoah, Iowa 51601

1967 96 Pages No Charge
Trees, Seeds and Misc.

STARK BROTHERS CATALOG

By Stark Brothers Nurseries

Louisiana, Mo. 63353

1967 36 Pages No Charge
Fruit Trees

RAYNER'S BERRY BOOK - CATALOG

Pub. By Rayner Brothers, Inc.

Salisbury, Md. 21801

1967 34 Pages No Charge
Strawberries, blueberries, fruit trees, evergreens, grapes, asparagus, rhubarb and raspberries.

BURPEE SEED CATALOG

By W. Atlee Burpee Company

Riverside, California 92502

1967 126 Pages No Charge
Vegetables, fruits and flowers

THE BELVEDERE FOOD CLUB

c/o R. S. Fowler

1823 So. McPherrin Ave., Monterey Pk., Calif
Eastmont Ward, L.A. Stake, Mormon Church,
provides quality foods sold in large amounts.

ELECTRICITYA-C GENERATORS

Pub. in C.Q. Magazine - June 1956
How to turn a motor into an A-C generator.

ABLE MARKET ENGINEERS

149 West Washington Blvd., Los Angeles, Calif.
Find powered generators

HYDRAULIC MOTORS

By Irving P. Church
Pub. By John Wiley & Sons, Inc., New York
914 284 Pages
Covers hydraulic turbines, water wheels,
pumps, flow in pipes and open
channels - available from Used Book Stores.

MECHANICAL ENGINEERING PRACTICE

By Sheep and Tuve
Pub. By: McGraw-Hill Book Co.
New York, N. Y.
941 Hardbound
Good general reference. Lubrication,
heat transfer, fluid flow, pumps, refrigerators,
internal combustion engines, etc.
Available in used book stores.

DESIGN OF A HIGH SPEED ENGINE

By J. F. Klein
Pub. By: D. Van Nostrand Co., N.Y., N.Y.
903 257 Pages Hardbound
Steam engine design.
Available from used book stores.

A POOR HAM'S POWER PLANT

Pub. in C.Q. Magazine - Jan. 1959
300 W. 43rd St., New York 36, N.Y.
50¢ How to make an old auto generator
produce when hooked up to a lawnmower gas
engine or other source of energy.

STEAM, AIR AND GAS POWER

By Severns and Degler
Pub. By: John Wiley & Sons, Inc.
New York, N. Y.
1933 480 Pages Hardbound
Data on steam engines, boilers and accessories. Was a college text.
Available in used book stores.

ALL ABOUT SMALL GAS ENGINES

Available From: J.C. Whitney & Co.
1917-19 Archer Avenue
Chicago, Illinois 60616
304 Pages \$4.39 Hardbound
By Jud Purvis - 375 Illustrations

KOHLER ELECTRIC PLANTS WORLD WIDE

Available From: Generator Equipment Co.
3409 W. Jefferson Blvd.
Los Angeles, Calif. 90018
1965 12 Pages No Charge
Information on gas and diesel generators
of electrical power.

SMALL ENGINE REPAIR MANUAL #17.3446

Available From: J.C. Whitney & Co.
1917-19 Archer Ave.
Chicago, Illinois 60616
312 Pages \$4.65 Paperbound
Service manual on repairing and maintaining
all makes and models of air cooled
engines from 1 to 70 horsepower.

SMALL ENGINES SERVICE MANUAL

Available From: Sears Roebuck & Co.
Catalog - 328 Pages, 800 Illustrations.
\$4.57

WATER AND WASTE DISPOSALCIVIL ENGINEERING HANDBOOK

L.C. Urquhart - Editor
Pub. By: McGraw-Hill, New York
1962 1170 Pages \$21.50
Covers water suppliers, dams, sewage treatment,
bridges, roads, etc.

I DRILLED A WELL, HOW I DRILLED A WELL

By E. F. Lindsay
Published in Popular Science Magazine
April, May 1952 - 353 4th Ave., New York
25¢ How to drill your own well using a
lawn mower engine for power.

SAFE WATER FROM PONDS

Popular Mechanics - July & August 1957
How to install purification and filtration
equipment for use of surface water.

WATER FROM PONDS

Farm Journal - March & April 1957

HILLSIDE WATER TAPPED

Popular Mechanics Magazine
March 1957

DIGGING A SHALLOW WELL

American Home - May 1957

KEEP YOUR WELL FROM GOING DRY

Farm Journal - March 1956

SEARS WILL DESIGN A CUSTOM DRAINAGE SYSTEM FOR YOUR HOME

Request from Department 243
Estimate form #39 A 6708 - No Charge
The booklet "Sewage Disposal System
Installation" is also available from
Sears. Request booklet #39 A 2652.
No Charge.

COMMUNICATIONS**THE RADIO AMATEUR'S HANDBOOK**

Pub. By: The American Radio Relay League
Newington, Connecticut

Published yearly
700 Pages \$4.00 Softbound
Electronical principals are explained in layman's terms. Contains practical construction of transmitters, receivers, antennas, etc.

A COURSE IN RADIO FUNDAMENTALS

Pub. By: The American Radio Relay League
Newington, Connecticut

\$1.00 Softbound
This is a study course to be used in conjunction with the Amateur's Handbook.

UNDERSTANDING AMATEUR RADIO

Pub. By: The American Radio Relay League
Newington, Connecticut

\$2.00 Softbound
Both electrical theory and how to build transmitters, receivers, etc., is presented in a manner suitable for the beginner.

HOW TO BECOME A RADIO AMATEUR

Pub. By: The American Radio Relay League
Newington, Connecticut

\$1.00 Softbound
A simple book about amateur radio and how to get started in it, theory, equipment, and license-wise.

UNDERSTANDING AND USING CITIZENS BAND RADIO

Pub. By: Allied Electronics
2085 E. Foothill Blvd.
Pasadena, Calif. 91109

(c) 1966 112 Pages
50¢ Postpaid. Softbound. Order #372701 EP
All about CB radio for the beginner:
setting up your fixed and mobile stations,
getting your license, regulations, antennas, procedures explained, etc.

ALLIED INDUSTRIAL ELECTRONICS CATALOG

Pub. By: Allied Electronics
2085 E. Foothill Blvd.
Pasadena, Calif. 91109

Published yearly.
600 Pages Softbound No Charge

ALLIED CONSUMER ELECTRONICS CATALOG

Pub. By: Allied Electronics
2085 E. Foothill Blvd.
Pasadena, Calif. 91109

Published yearly.
400 Pages Softbound No Charge

HEATHKIT CATALOG

Available Heathkit Electronic Center
2309 So. Flower Street
Los Angeles, Calif. 90007

Yearly. 44 Pages plus price list.
No charge - Paperbound only.
Lists over 250 electronics kits or completed units "anyone can build" including short wave, multiple band, citizens band and 2 way radios.

ALLIED ELECTRONICS CATALOG

Pub. By: Allied Radio, 100 N. Western Ave.
Chicago, Illinois 60680

Yearly 512 Pages No Charge
All types of electronic and radio equipment.

NEWARK ELECTRONICS CATALOG

Pub. By: Newark Electronics Corp.
4747 W. Century Blvd.
Inglewood, Calif. 90301

Yearly 700 Pages Softbound, No Charge

RADIO SHACK CATALOG

Pub. By: Radio Shack
2727 W. 7th Street
Fort Worth, Texas 76107

BUILDING YOUR OWN HOME**CABINS AND VACATION HOUSES**

By the Editorial Staff of Sunset Magazine
Pub. By: Lane Magazine and Book Co.
Menlo Park, California

(c) 1960 (Latest Printing June 1966)
130 Photos \$1.95 Paperbound only
250 Photos, 252 Plans and Drawings, Const. ideas, Prefabs, Precuts, Acquiring Land, site improvement, arranging interiors, etc.

CABINS AND VACATION HOUSES - NEW EDITION

By the Editorial Staff of Sunset Magazine
Pub. By: Lane Magazine and Book Co.
Menlo Park, California

(c) 1967 (A complete revision)
128 Pages \$1.95 Paperbound
Because very little of the material in the older version is included in this edition both should be purchased.

CABINS, COTTAGES AND SUMMER HOMES

By Bernard S. Mason & Fredric H. Kock
Pub. By: A.S. Barnes & Co., New York, N.Y.

1947 168 Pages \$4.50 Hardbound
Complete construction details for log, frame, stone, adobe construction with clear illustrations.

HOW TO BUILD YOUR CABIN OR MODERN VACATION HOME

By Harry Walton
Pub. By: Popular Science Books
355 Lexington Ave., New York, N.Y.

\$1.50 Paperbound Only
Selecting a site, choosing plans and materials, complete construction information, water supply, waste disposal, power and heating.

COND HOMES FOR LEISURE LIVING

b. By: The American Plywood Association
1119 A Street, Tacoma, Wash. 98401
67 48 Pages 25¢ Paperbound Only
Contains pictures, plans and information on
cabins for which plans can be purchased
35¢ each.

POPULAR MECHANICS MAGAZINE SPECIAL

Page Vacation Home Issue
b. By: The Hearst Corp., 575 Lexington Ave.
New York, N.Y. 10022
April 1966
Pages on cabins 35¢
Paperbound only.
Reports on 2 precut cabins and 4 cabin de-
signs for which plans can be ordered plus
disc. info on use of chain saw.

HOW TO BUILD YOUR HOME IN THE WOODS

By Bradford Angier
b. By: Hart Publishing Co., Inc.
New York, N. Y.
(c) 1952 309 Pages \$1.95 Paperbound
Also available @ \$5.00 Hardbound - Pub-
lished by Stackpole Co., Harrisburg, Pa.)

HOUSE CARPENTRY SIMPLIFIED

By Nelson L. Burbank
b. By: Simmons-Boardman Books
30 Church St., N.Y., N.Y. 10007
1958 252 Pages \$7.95
Every step of carpentry explained.

HOW TO USE HAND AND POWER TOOLS

By George Daniels
b. By: Popular Science Books
355 Lexington Ave.
New York, N.Y. 10017
1.50 Paperbound only
Choice, use and maintenance - tool by tool
coverage, safety practices and use of
sue, clamps and abrasives.

HOME GUIDE TO PLUMBING, HEATING, AIR CON-
DITIONING

By George Daniels
Pub. By: Harper and Row, New York, N.Y.
1967 186 Pages \$3.95 Hardbound
All aspects of plumbing, heating and cool-
ing for the layman, including how plan and
install complete heating and plumbing
systems.

HOW TO BE YOUR OWN HOME ELECTRICIAN

By George Daniels
Pub. By: Popular Science Books
355 Lexington Ave.
New York, N.Y. 10017
\$1.50 Paperbound only
How to handle every type of home electri-
cal job including installing a complete
electrical service system.

SIMPLIFIED ELECTRICAL WIRING HANDBOOK

Pub. By: Sears Roebuck & Co.
Los Angeles, California 90054
(c) 1964 56 Pages 50¢ Paperbound only
Covers principles, planning, methods and
tools for complete home wiring.

DESIGN OF INSULATED BUILDING FOR VARIOUS

CLIMATES By Tyler Stewart Rogers
Printed By: The Roberts Printing Company
Toledo, Ohio
(c) 1951 By Author 120 Pages
Price unknown.

CAMOUFLAGE, BASIC PRINCIPLES

Dep't. of the Army Field Manual
Gov. Doc. #FM 5-20 Price Unknown

Available from SEARS ROEBUCK & CO. CATALOG:
CARPENTER'S & BUILDER'S GUIDE (4 Books)

Set \$15.47 Hardbound (AUDEL'S)
HOW TO DESIGN AND INSTALL PLUMBING
444 Pages \$4.88
PRACTICAL CARPENTRY
464 Pages \$4.47

MEDICINE

MERCK MANUAL

b. By: Merck, Sharp and Dohme Research
Lab.- Div. of Merck & Co., Inc.
West Point, Pa. 19486
11th Edition 1350 Pages \$6.00
Most complete of all medical encyclopedias.

MEDICAL AID ENCYCLOPEDIA

Available from: Sears Roebuck & Co. Catalog
20 Pages \$12.44

FIRST AID TEXTBOOK

By American Red Cross
b. By: Doubleday & Co., Inc., Garden City,
New York
1957 249 Pages 75¢ Paperbound
\$1.00 Hardbound

EMERGENCY WAR SURGERY

Nato Handbook
Gov. Doc. \$2.25

MEDICAL CORPSMAN AND MEDICAL SPECIALIST

Army Training Manual
Gov. Doc. #TM 8-230 \$1.75
Introduction to anatomy, physiology, pharm-
acology, pathology and nursing care.
Simply written - easily understood.

FIRST AID FOR SOLDIERS

Dep't. of the Army Field Manual
Gov. Doc. # FM 21-11 35¢

LET'S HAVE HEALTHY CHILDREN

By Adelle Davis
 Pub. By: Harcourt, Brace and Co., Inc.
 (c) 1951 314 Pages
 \$3.50 Hardbound

SAFEGUARDING MOTHERHOOD

By Sol T. DeLee, M.D.
 Pub. By: J.B. Lippincott Company
 Philadelphia, Pa.
 (c) 1962 164 Pages Price Unknown
 Well-illustrated book answers almost all questions an expectant mother might ask her doctor. Excellent.

EDUCATION

POCKET FIELD GUIDE TO TREES

Available From: Shooter's Bible
 55 Ruta Court
 South Hackensack, N.J.
 144 Pages \$1.50
 Companion volume to "Pocket Field Guide to Nature". A complete study and identification of bark, buds, leaf and fruit.
 Illustrated by a leading nature artist.

POCKET FIELD GUIDE TO NATURE

Available From: Shooter's Bible
 55 Ruta Court
 South Hackensack, N.J.
 96 Pages \$1.50
 Excellent photographs and explicit text describing the workings and creatures of Mother Nature.

A FIELD GUIDE TO ANIMAL TRACES

By Olaus J. Murie
 Pub. By: Houghton Mifflin Company
 Boston, Mass.
 (c) 1954 374 Pages; completely illus.

HIGH SCHOOL SUBJECTS SELF-TAUGHT

Available From: Sears Roebuck & Co. Catalog
 1488 Pages \$5.67
 Includes 28 subjects, study guides and tests.

PHYSICAL SCIENCE - A STUDY OF MATTER AND ENERGY

By Verne H. Booth
 Pub. By: The MacMillan Company
 MacMillan New York-London
 (c) 1962 \$7.95
 Basic understanding of matter and energy. Explains why seasonal changes occur, the solar system, laws of motion, simple chemistry, electricity, weather and climate and many more scientific principles.

NATURE ENCYCLOPEDIA

Edited By: G. Clyde Fisher
 Pub. By: Halcyon House, Garden City, N.Y.
 (c) 1950 940 Pages Price unknown.
 A complete book covering birds, mammals, fish, reptiles, amphibians, insects, spiders, flowers and trees.

ENCYCLOPEDIA BRITANICA

6290 Sunset Blvd., Suite 700, Hollywood, Calif.
 462-3345
 (c) 1967 24 Vol. \$459.00 up, depending on binding.

WORLD BOOK ENCYCLOPEDIA

Available From: Field Enterprises Educational Corp.
 15300 Ventura Blvd.
 Sherman Oaks, Calif.
 872-1127
 (c) 1967 20 Volumes
 \$172.80 up depending on binding.

CHILDCRAFT ENCYCLOPEDIA

Available: Field Enterprises Educational Corp.
 15300 Ventura Blvd.
 Sherman Oaks, Calif.
 872-1127
 (c) 1967 15 Volumes
 \$130.90 up depending on binding.
 \$50.00 when purchased with World Book Encyclopedia.

GREAT BOOK OF THE WESTERN WORLD

Available: Encyclopedia Britannica
 6290 Sunset Blvd., Suite 700
 Hollywood, California
 54 Volumes
 \$459.00 up depending on binding.
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COLLIER'S ENCYCLOPEDIA

Available: Collier's
 219 W. 7th Street
 Los Angeles, Calif.
 (c) 1967 24 Volumes \$389.50

SUMMERHILL

By A. S. Neill
 Pub. By: Hart Publishing Co.
 74 Fifth Ave., New York, N.Y.
 (c) 1960 392 Pages
 \$1.95 Paperbound
 Leading educator writes a radical approach to child rearing.

LEARNING HOW TO LEARN - AN AMERICAN APPROACH TO MONTESSORI

By Nancy McCormick Rambusch
 Pub. By: Helicon Press
 Baltimore, Maryland
 (c) 1962
 180 Pages \$4.50

RECREATION

THINGS TO DO

By: Tina Lee

Pub. By: Doubleday & Co., Inc.
Garden City, New York

(c) 1965 64 Pages \$2.95

A child's book of Crafts and activities.

McCALL'S GIANT GOLDEN MAKE-IT-BOOK

Pub. By: Golden Press, Inc.

New York, N. Y.

(c) 1953 163 Pages \$2.95

Hundreds of things for boys and girls to make and do, perfect for a rainy day.

SING

Available from The American Camping
Association
Martinsville, Indiana
46151

96 Pages 35¢

About 180 songs to sing around the fire.

PROTECTION

GAS WARFARE

By Alden H. Waitt

Pub. By: The Infantry Journal
1115 Seventeenth St., N.W.
Washington, D. C. (Softbound)
" " Duell, Sloan & Pearce
New York, N.Y. (Hardbound)

(c) 1943 266 Pages

Also describes defensive measures and first aid. Available from used book stores.

SHOULD YOU OWN A GUN

By Karl Hess

Pub. By: American Publications

P.O. Box 24

Pine Valley, Calif. 92062

(c) 1957 3 Pages Free pamphlet

KILL OR BE KILLED

By Virgil Ney (Col. USA Ret.)

Price Unknown

Chapters include defense, weaponless offense, hand gun shooting, riot control, knife fighting, etc.

INSTINCT SHOOTING

By Mike Jennings

Pub. By: Dodd, Mead & Co., New York, N.Y.

(c) 1959 157 Pages \$3.75 Hardbound

Book on developing accuracy with a rifle with a few hours practice.

CROWD AND RIOT CONTROL

By Colonel Rex Applegate

Available thru: Shooters Bible

55 Ruta Court

South Hackensack, N.J.

1964 528 Pages \$6.95

Armed and unarmed close combat techniques.

HANDBOOK OF CAST BULLETS

Pub. By: Lyman Gun Sight Co.

Middlefield, Conn.

230 Pages \$2.00 Softbound

A new and very much worthwhile book for the lead-bullet maker, with vast data on cast bullets, old and new.

LYMAN RELOADER'S HANDBOOK

Pub. By: Lyman Gun Sight Company
Middlefield, Conn.

200 Pages \$2.50 Softbound

This book explains the safe, simple, money saving process of reloading rifle, pistol and shotgun ammunition.

NRA ILLUSTRATED SHOOTING HANDBOOK

Pub. By: National Rifle Association
1600 Rhode Island Ave., N.W.
Washington, D.C. 20036

224 Pages \$4.50 Softbound

This book covers just about every phase of target shooting, gun cleaning data, muzzle loading shooting, choosing a scope, wind drift, etc.

NRA ILLUSTRATED HUNTERS HANDBOOK

Pub. By: National Rifle Association
1600 Rhode Island Ave., N.W.
Washington, D.C. 20036

128 Pages \$3.00 Softbound

More on hunting. Subjects include choosing binoculars to hunting in canoe country.

COMPLETE BOOK OF RIFLES AND SHOTGUNS

Pub. By: Outdoor Life

Harper & Bros., New York, N.Y.

By Jack O'Conner

(c) 1961 477 Pages \$6.95 Hardbound

A splendid two part book of encyclopedic coverage on every detail of rifle and shotgun.

HODGDON'S RELOADERS CATALOG

Pub. By: B.E. Hodgdon, Inc.

7710 W. 50 Highway

Shawnee Mission, Kansas

100 Pages \$1.00 Softbound

Supplier of reloading equipment and high quality surplus gunpowder.

NRA ILLUSTRATED SHOOTER'S GUIDE

Pub. By: National Rifle Association
1600 Rhode Island Ave., N.W.
Washington, D.C. 20036

72 Pages, 348 Illustrations

\$3.00 Softbound

Articles in this book range from buying used guns to refinishing gunstocks.

SHOOTER'S BIBLE (Published Yearly)

Pub. By: The Shooter's Bible, Inc.
55 Ruta Court
South Hackensack, N. J.

\$2.95

A complete guide to firearms and accessories. Over 25,000 items described - 8,500 illustrated.

GUN DIGEST (Yearly Editions)

Pub. By: The Gun Digest Company
4540 W. Madison Street
Chicago, Illinois 60624

\$4.95

A complete firearms book with the latest prices on all modern domestic and imported rifles, shotguns, hand guns and accessories.

GENERAL

SEAR'S CATALOG, SEARS SUBURBAN CATALOG,

WARD'S CATALOG, WARD'S FARM CATALOG

Free -- See phone book for office nearest you.

These catalogs have generators, engines wiring, supplies, pumps, septic tanks and much more.

THE OPERATION, CARE AND REPAIR OF FARM MACHINERY

Pub. By: John Deere Co., Moline, Illinois
250 Pages Price Unknown

OCEAN FREEDOM

Available from: Agoric, Box 2116
Ocean Park Station
Santa Monica, California

3 to 6 Pages

Comes out at irregular intervals 4 to 6 times a year - 6 issues \$1.00

A magazine on the green revolution gone to sea.

CAMPING MAGAZINE

1114 South Avenue
Plainfield, New Jersey

Pub. 8 times yearly; subscription \$10.00.
Contains ads and articles on camping supplies.

SPECIALTY HANDBOOKS: Shooter's Bible

55 Ruta Court, South Hackensack, N.J.:

LAND CRUISING AND PROSPECTING

By A.F. Wallace

176 Pages \$1.25 Paperbound

TRAILS TO SUCCESSFUL TRAPPING

By V.E. Lynch

172 Pages \$1.25 Paperbound

SCIENCE OF TRAPPING

By E. Kreps

245 Pages \$1.25 Paperbound

HOME TANNING & LEATHER MAKING GUIDES

By Albert S. Farnham

176 Pages \$1.25 Paperbound

HOME MANUFACTURE OF FURS & SKINS

By Albert S. Farnham

285 Pages \$1.50 Paperbound

DEADFALLS AND SNARES

By A.R. Harding

218 Pages \$1.25 Paperbound

FOX TRAPPING

By A.R. Harding

185 Pages \$1.25 Paperbound

MINK TRAPPING

By A.R. Harding

188 Pages \$1.25 Paperbound

THE EFFECTS OF NUCLEAR WEAPONS

By U.S. Atomic Energy Commission
Government Document

(c) 1964 730 Pages \$3.00 Softbound

NUCLEAR BOMB EFFECTS COMPUTER

Order From: Lovelace Foundation
U.S. Atomic Energy Commission

(c) 1962

A plastic circular slide rule with instruction pamphlet. \$1.00

A WAY OUT (Bimonthly)

Pub: School of Living, Brookville, Ohio
\$2.00 Year

A Decentralist, Libertarian Journal.

KELTY PACK, INC.

1807 Victory Blvd.
Glendale, California

247-3110

A complete line of hiking and camping equipment, dehydrated foods, books and topo maps.

THE RETREATER'S BIBLIOGRAPHY

FIRST EDITION

BY DON AND BARBIE STEPHENS

PUBLISHED BY
ATLANTIS ENTERPRISES LTD

SUPPLEMENT #1



When we originally assembled THE RETREATER'S BIBLIOGRAPHY as a feature of Harry Browne's "Surviving A Monetary Crisis" seminar, it was tailored to parallel the topics covered by the speakers. The seminar as given at that time was oriented toward the fixed, land based retreat. Since that time, a good deal of interest has been shown in land or water mobility as an approach to retreat freedom. Also we have found that several classifications already included should be expanded. We want to thank those who have offered information to be included at this time.

The issue of INNOVATOR enclosed is the culmination of a desire we have had for some time to present in written form a brief summary of our ideas on retreating. We offer personal counseling on retreat problems and architectural design of libertarian homes and retreat structures as well as the bibliography.

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■ DON AND BARBIE STEPHENS

CAMPING AND SURVIVAL

COMPLETE BOOK OF CAMPING, by Leonard Miracle w/ Maurice Decker, Available from Popular Science, 44 Hillside Ave., Manhasset, N.Y. 11030, (c) 1967, 600 pages, \$4.95 hardbound. All aspects of camping plus living off the land, purifying water, snoring fish and game, building shelter without tools, etc. are covered.

STALKING THE WILD ASPARAGUS by Ewell Gibbons, Pub. by David McKay Co. Inc., New York, N.Y., (c) 1964, approx. 250 pages, illus., \$6.95 hardbound. How to recognize, gather, and prepare deliciously the natural foods springing up wild around us is written in a delightful manner.

STALKING THE BLUE-EYED SCALLOP by Ewell Gibbons, Pub. by David McKay Co. Inc., New York, N.Y., (c) 1964, approx. 250 pages, illus., \$6.50 hardbound. Gibbons describes in his alluring style how to find and prepare the wild beach and seafood common to all our coastal areas.

BEACHCOMBER'S HANDBOOK, by Ewell Gibbons, Pub. by David McKay Co. Inc., New York, N.Y., (c) 1967, 250 pages, illus., \$5.50 hardbound.

ANYONE CAN LIVE OFF THE LAND, by James Ralph Johnson, Pub. by David McKay Co. Inc., New York, N.Y., (c) 1961, 122 pages, \$2.95 hardbound.

THE NEW WAY OF THE WILDERNESS, by Calvin Rutstrum, Pub. by The Macmillan Company, New York, N.Y., (c) 1958, 276 pages, \$4.95 hardbound. Mr. Rutstrum describes how to survive in, live in and enjoy the woods.

IF INFLATION COMES, by Roger W. Babson, Pub. by J.B. Lippincott Co., Philadelphia, Penn., (c) 1937, 75c to \$1.50. Out of print. An old book but it reads like it was written yesterday. It describes the pitfalls to beware of when hedging against inflation. Available from Acres of Books in Long Beach California.



FINDING A PROPER LOCATION

BASIC PLACER MINING, Pub. by California Division of Mines and Geology, Ferry Building, San Francisco 11, Calif., (c) 1963, 16 pages.

BRITISH COLUMBIA FINANCIAL AND ECONOMIC REVIEW by the Department of Finance, Provincial Gov. Bldgs. Victoria, B.C. Published annually in June, about 60 pages, sent on request without charge (tax financed). Gives the person considering B.C. as a location a detailed view of the financial picture — public finance, private corporations, resources and industry, transportation, etc., with maps.

REFORESTATION, INC., 2810 E. 29th Ave., P. O. Box 8146, Spokane, Washington 99203. Timbered tracts in the Pacific Northwest. Write for "list of properties."

A FIELD GUIDE TO TREES AND SHRUBS, by George A. Petrides, Pub. by Houghton Mifflin Co., Boston, Mass., (c) 1958, 431 pages, illus., \$4.95 hardbound. Contains field marks of all trees and shrubs in Northeastern and North Central U.S. and Southeastern and South Central Canada. Lists 645 different species.

FAMILIAR TREES OF AMERICA, by William C. Grim, Pub. by Harper & Row Publishers, New York, N.Y., (c) 1967, 239 pages, illus., \$5.95 hardbound. An illustrated guide to native trees, their characteristics, range, and value to man.

THIS CHANGING EARTH — AN INTRODUCTION TO GEOLOGY by John A. Shimer, Pub. by Harper & Row Publishers, New York, N.Y., (c) 1968, \$5.95 hardbound. Discusses soils, ground water, the changes of landscape, glacial and snow action; includes three page bibliography.

ELEMENTS OF GEOLOGY — SECOND EDITION, by James H. Zumberge, Pub. by John Wiley & Sons, Inc., New York, N.Y., (c) 1958, 342 pages, \$7.50 hardbound. A good basic review on geology, its creation and history.

MONEY GROWS ON TREES, INNOVATOR, Sept. 1967, Box 34718, Los Angeles, California 90038, 4 pages, 25c per issue. Don Stephens and Tom Marshall each write an article on British Columbia as a retreat area.

FOOD SUPPLY AND DOMESTIC ANIMALS

GOVERNMENT DOCUMENTS ON DOMESTIC ANIMALS:

RAISING A FEW HEAD OF BEEF, 1966, 8 pages, 5¢, Gov. Doc. #A 1:35:542.

KEEPING A COW, 1966, 8 pages, 5¢, Gov. Doc. #A 1:35:536.

ANIMAL DISEASES — YEARBOOK OF AGRICULTURE 1956, 591 pages, \$2.00 clothbound, Gov. Doc. #A 1:10:956.

RAISING DUCKS, 1965, 14 pages, 10¢, Gov. Doc. #A 1:9:2215.

DAIRY GOAT FOR HOME MILK PRODUCTION, 1966, 8 pages, 5¢, Gov. Doc. #A 1:35:538/2.

RAISING A FEW HOGS, 1966, 8 pages, 5¢, Gov. Doc. #A 1:35:537/2.

HOME CHICKEN FLOCK, 1965, 8 pages, 5¢, Gov. Doc. #A 1:35:497/2.

RAISING RABBITS, 1964, 24 pages, 15¢, Gov. Doc. #A 1:9:2131/3.

RAISING A SMALL FLOCK OF SHEEP, 1966, 10 pages, 10¢, Gov. Doc. #A 1:9:2222.

RABBIT RAISING FACT BOOK, Pub. by The American Rabbit Assoc., 47 Arba Building, Pittsburgh, Penn., 48 pages, illus., 25¢. Describes breeds, housing, breeding, feeding markets, marketing, etc.

DAIRY GOAT JOURNAL, Box 836, Columbia 3, Missouri, a monthly, \$2.00 per year.

SEVEN STEPS TO SUCCESSFUL TREE GRAFTING, by Otto Wulff, P. O. Box 120, La Puente, Calif., (c) 1967, illus., \$2.00 postpaid.

AMERICAN BEE JOURNAL, Box O, Hamilton, Illinois 62341, a monthly, \$1.00 for a 3 month subscription includes handbook "First Lessons in Beekeeping."

GLEANINGS IN BEE CULTURE, Dept. R., Media, Ohio, a monthly, \$1.00 for a 3 month subscription includes handbook "Starting Right With Bees."

THE COMPLETE BOOK OF COMPOSTING, by J. I. Rodale & Staff, Pub. by The Rodale Press, Inc., Emmaus, Pa. 18049, (c) 1960, 1007 pages, \$6.96 hardbound. Contains complete information from fertilizing the soil and insect control through composting.

ENCYCLOPEDIA OF ORGANIC GARDENING, by The Staff of Organic Gardening Magazine, Pub. by Rodale Books, Inc., Emmaus, Pa. 18049, (c) 1959, 1145 pages, \$8.95 hardbound. A complete how-to-do-it of gardening without the aid of commercial fertilizers and insecticides that would not be available to the retreat.

THE ORGANIC WAY TO PLANT PROTECTION, by the Editors of Organic Gardening Magazine, Pub. by Rodale Press, Inc., Emmaus, Pa. 18049, (c) 1966, 355 pages, \$4.95 hardbound. Tells how to control insects and diseases that attack the garden without the aid of chemical pesticides and poisons.

VEGETABLE SEED STORAGE AS EFFECTED BY TEMPERATURE AND HUMIDITY, U.S. Dept. of Agriculture Technical Bulletin #97. 1948.

VEGETABLE AND FLOWER SEED PRODUCTION, by L. R. Hawthorn and L. H. Pollard, (c) 1954.

GATEWAY TO SURVIVAL IS STORAGE — 4th ADDITION, by Walter D. Batchelor, 61 Beacon Ave., Layton, Utah 84041, (c) 1966, 34 pages, 50¢ paperbound. Another booklet resulting from Mormon experience with food and emergency supplies storage — see May 1967 INNOVATOR.

HOME MEAT CURING, Available from Morton Salt Co., 110 N. Walker Dr., Chicago, Illinois, (c) 1965, 68 pages, 50¢ paperbound. A complete guide to curing pork, beef, veal, lamb, poultry, wild game, butchering, rendering lard, making sausage and bacon, jerky and smoking meats. A MUST!!

HOW TO GROW VEGETABLES AND FRUITS BY THE ORGANIC METHOD, by J. I. Rodale and Staff, Pub. by Rodale Press, Emmaus, Pa. 18049, (c) 1961, 926 pages, \$8.95 hardbound.

MODERN BREEDS OF LIVESTOCK, by Hilton M. Briggs, PHD Pub. by The Macmillan Co., New York, N.Y., (c) 1958, revised edition, 754 pages, \$9.50 hardbound. This book gives information necessary for selection of breeds in cattle, hogs, sheep, goats and horses. This book is illustrated.

POULTRY PRODUCTION, by Clarence E. Bundy and Ronald J. Diggins, Pub. by Prentice Hall, Inc., Englewood Cliffs, New Jersey (c) 1960, 370 pages, \$7.75 hardbound. This is a basic text in poultry raising — all aspects of production of chickens, ducks, geese and turkeys.

OCEAN HARVEST, by Carl I. Wick, Pub. by Superior Publishing Co., Seattle, Washington, (c) 1946, 185 pages, illus., \$3.50 hardbound. A complete handbook of commercial fishing technique equipment, boats and fish of the American Pacific coastal waters.

RAISING SMALL ANIMALS FOR PLEASURE AND PROFIT, by Fro G. Ashbrook, Pub. by D. Van Nostrand Co., Inc., New York N.Y., (c) 1951, 260 pages, \$4.00 hardbound. Includes information on rabbits, goats, chickens, ducks, geese, turkeys, guinea pigs, and other wild game birds, mink and other fur bearers and their people with logn ears, A PRACTICAL GUIDE TO DONKEY

KEEPING, by Robin Borwick, Pub. by Cassell, London, England (c) 1965, 180 pages, \$3.25 hardbound. A fully comprehensive handbook for all donkey owners and would-be owners.

HOME BOOK OF ANIMAL CARE, by Esther L. Guthrie, Pub. Harper and Row, New York, N.Y., (c) 1966, 302 pages, \$6. hardbound. Covers care of small domestic animals — dogs, cat rabbits, etc. Also covers the care of wild things the kids may bri home.

HANDBOOK FOR DAIRYMEN, by Anthony Coletti, Pub. by Iowa State University Press, Ames, Iowa, (c) 1963, 307 pages, illus \$4.50 hardbound.

FISH CATCHING METHODS OF THE WORLD, by Andres Von Brand Pub. by Fishing News (Books) Ltd., 110 Fleet Street, London England, (c) 1964, 191 pages, illus., \$8.75 hardbound. Complete handbook of fishing methods, with and without gear and boat Includes shooting, spearing, netting, angling, trapping, etc.

GARDEN SOILS — THEIR USE AND CONSERVATION, by Arthur Beaumont, Pub. by Orange Judd Publishing Co., New York, N.Y. (c) 1948, 280 pages, illus., \$3.50 hardbound.

THE PRINCIPLES AND PRACTICE OF WINE MAKING, by W. Cruess, Pub. by The Avi Publishing Co. Inc., New York, N.Y. (c) 1946, 476 pages, \$2.50.

GARDENING WITHOUT WORK AND HOW TO HAVE A GREY THUMB WITHOUT AN ACHING BACK, both by Ruth Stout, Pub. Rodale Press, Inc., Emmaus, Pa. 18049, (c) 1960 and 195 214 and 164 pages, \$1.50 each. Fun books by a delightful wit with many years of common sense and organic gardening success her credit.

YEAR'S SUPPLY PROGRAM, Pub. by Reseda Stake, Church of Je Christ of Latter Day Saints, 11315 White Oak Ave., Granada Hill Calif., (c) 1967, 29 pages, 50¢ donation requested for loose-leaf folder. This booklet is designed as a guide to Mormon families preparing a year's supply of food, clothing and other necessit which would not be available under emergency conditions. T Mormons have been involved with this program for a number of ye and the storage how-how in this book is based on much act testing. In addition to food and clothing selection, buying a storage information, there is also information on first-aid, wa storage, homemade products and sources of supply. Don't let small size cause it to be underrated.

EDIBLE NATIVE PLANTS OF THE ROCKY MOUNTAINS, by H. I. Harrington, illustrated by Y. Matsumura, Pub. by The University New Mexico Press, Albuquerque, New Mexico, (c) 1967, 392 page \$8.95 hardbound.



BUILDING YOUR OWN HOME

THE OWNER BUILT HOME, Vols. 1, 2, 3, & 4, by Ken Kern, Sierra Route, Oakhurst, Calif., \$2.00 per volume.

DESIGNS FOR RECREATION HOMES, Pub. by Home Building Plan Service, 245 N.E. Sandy Blvd., Portland, Oregon 97232, (c) 1966, 24 pages, 50¢ paperback. Offers pictures and information on twenty cabin designs for which complete working blueprints and materials' lists are available.

PRACTICAL BUILDING LIBRARY (4 books), BLUEPRINT READING FOR HOME BUILDERS, by J. Ralph Dalzell, PRACTICAL HOUSE CARPENTRY, by J. Douglas Wilson, SIMPLIFIED MASONRY PLANNING AND BUILDING, by J. Ralph Dalzell, REMODELING GUIDE FOR HOME INTERIORS, by J. Ralph Dalzell, Pub. by McGraw Hill Book Co., 330 W. 42nd St., N.Y.C., N.Y. 10036, \$22.50.

VACATION HOMES by House Beautiful Magazine, Pub. by Hearst Corporation, 572 Madison Ave., New York, N.Y. 10022, published semi-annually, approx. 190 pages per issue, \$1.50 per issue, illus. Includes many ideas for choosing a vacation home and also includes plans.

VACATION HOME LIVING, BOOK ONE, Pub. by Conso Publishing Company, 27 West 23rd Street, New York, N.Y. 10010, (c) 1968, 114 pages, \$1.25 illus. Reviews types of construction including prefab and precut, and discusses related subjects such as decks, basic emergency repairs, etc.

MEDICINE

HOME MEDICAL ENCYCLOPEDIA #T-821, by Dr. Paul Kuhne, Pub. by Fawcett Publications, Inc., Greenwich, Conn., (c) 1960, 416 pages, 75¢ paperback.

MOUNTAINEERING MEDICINE, by Fred T. Darville, Jr., M.D., Pub. by Skagit Valley Mountain Rescue Council, available from Recreational Equipment, 1525 - 11th Avenue, Seattle, Washington, 34 pages, \$1.00 paperback. A full preliminary draft of the chapter on Mountaineering Medicine which appears in the 2nd Edition of Mountaineering: Freedom of the Hills, listed previously. Great for the back-pack or pocket; tells what supplies you need.

PRINCIPLES OF NUTRITION, by Eva D. Wilson, Katherine H. Fisher and Mary E. Fuqua, Pub. by John Wiley & Sons, Inc., New York, N.Y., (c) 1967, 600 pages, \$7.95 hardbound. Complete book of nutrition.

STALKING THE HEALTHFUL HERBS, by Ewell Gibbons, Pub. by David McKay Co., Inc., New York, N.Y., (c) 1966, approx. 250 pages, illus., \$6.95 hardbound. This book explores nutritional, medicinal, and useful elements of wild herbs and plants, and features original recipes, as well as describing their use in herbal cosmetics, scents and tobaccos.

EMERGENCY CHILDBIRTH, by Gregory J. White, M.D., Pub. by Police Training Foundation, Franklin Park, Illinois, spiralbound approx. \$3.00. An excellent manual on how to deliver babies.

OFFICE PROCEDURES, by Paul Williamson, M.D., Pub. by W.B. Saunders Co., Philadelphia, Penn., (c) 1962, \$13.50. A medical "how to do it" textbook on minor surgery. Such things as how to repair wounds, remove cysts, set bones are covered. This book begins where first aid manuals leave off.

LETS GET WELL, by Adelle Davis, Pub. by Harcourt, Brace & World, 750 Third Avenue, New York 17, N.Y., approx. \$4.00 hardbound. This is the most complete book for the intelligent layman on nutrition that I know of. It tells what nutrients one needs to avoid or recover from various diseases (for which medicine might not be available).

EDUCATION AND THE RETREAT LIBRARY

THE WAY THINGS WORK - AN ILLUSTRATED ENCYCLOPEDIA OF TECHNOLOGY, Pub. by Simon and Schuster, 630 Fifth Ave., New York, N.Y. 10020, (c) 1967, 590 pages, \$8.95 hardbound.

Explains how things work from the ballpoint pen to the computer, from the Polaroid camera to the atomic clock, with over 1000 drawings and diagrams.

SELF-TEACHING ENCYCLOPEDIA, Pub. by Cadillac Publishing Co. Inc., 220 Fifth Ave., New York, N.Y. 23 volumes, each pertaining to a different subject.

THE MONTESSORI METHOD, by Maria Montessori, Pub. by Robert Bentley, Inc., 872 Massachusetts Ave., Cambridge, Mass. 02139, (c) 1965, 390 pages, \$6.50 hardbound, \$1.95 paperback.

THE MONTESSORI MANUAL FOR TEACHERS & PARENTS by Dorothy Confield Fisher, Pub. by Robert Bentley, Inc., 872 Massachusetts Ave., Cambridge, Mass. 02139, 154 pages, \$5.00. Practical exercises and lessons on the use of the apparatus in home and schools, nature study and Montessori discipline and obedience.

RECREATION

STEP-BY-STEP KNITTING, by Mary Walker Phillips, Pub. by Golden Press, Inc., New York, N.Y., (c) 1967, 96 pages, \$1.95 paperback. A complete introduction to the craft of knitting-illustrated for both right and left handed knitters.

THE COMPLETE BOOK OF GAMES, by Clement Wood & Gloria Goddard, Pub. by Garden City Books, Garden City, N.J., (c) 1940, 894 pages, \$4.50 hardbound. A handbook of all recreation. Contains rules and procedures of every kind of game.

WOOD CARVING AS A HOBBY, by Herbert W. Faulkner, Pub. by Harper & Brothers, New York, N.Y., (c) 1934, 140 pages, illus., \$2.00 hardbound. Includes tools, methods, woods, finishing and various suggestions.

CERAMICS - A POTTER'S HANDBOOK, by Glen C. Nelson, Pub. by Holt, Rinehart and Winston, New York, N.Y., (c) 1960, 331 pages, illus., \$7.50 hardbound. Covers history of ceramics, contemporary work, design, clay, forming methods, glazes, construction and operation of kilns and equipment.

MAKING POTTERY, by Walter A. DeSager, Pub. by The Studio Publications, New York, N.Y., (c) 1934, 96 pages, illus., \$4.00 hardbound. Covers history of pottery, clay, tools, throwing on the wheel handles, modeling, glazes, kilns and equipment, etc.

TACKLE PRINTMAKING THIS WAY, by John Mills, Pub. by Stanley Paul, Johannesburg, N.Y., (c) 1961, 124 pages, illus., \$3.75 hardbound. A detailed book by a practicing artist on methods of hand printing - potato, linoleum, plaster block, woodcut, etching, silk screen color and fabric printing.

TOY MAKING, by Mabel Early, Pub. by Studio Publications, New York, N.Y., (c) 1944, 96 pages, illus., \$3.50. Shows how to make fabric dolls and paper-mache dolls and toys.

TOYS YOU CAN MAKE OF WOOD, by Lawry Turpin, Pub. by Greenberg: Publisher Inc., New York, N.Y., (c) 1944, 152 pages, illus., \$2.50 hardbound. Explains how to make over ninety toys, games and puzzles fabricated with basic hand tools using common wood as a starting point.

WEAVING - A PRACTICAL TEXTBOOK FOR SCHOOLS by R. and M. Polkinghorne, Pub. by Bridgman Publishers, Inc., New York, N.Y., (c) 1945, 199 pages, illus., \$3.00 hardbound. Covers weaving and related crafts, including basketweaving, raffia weaving, loom construction, toy making, etc.

WORKING WITH LEATHER by Guy R. Williams, Pub. by Emerson Books, Inc., New York, N.Y., (c) 1963, 128 pages, illus., \$4.00 hardbound. This book teaches the basics of useful leather work through a series of projects including a purse, a wallet, a briefcase, gloves and simple bookbinding.

THE BOOK OF ARTS AND CRAFTS, by Marguerite Ickis and Reba Esh, Pub. by Association Press, Inc., New York, N.Y., (c) 1954, 275 pages, illus., \$4.95 hardbound. This book presents a variety of useful and creative crafts and skills including weaving leather craft, utensils and toy making.

THE SHUTTLE CRAFT BOOK OF AMERICAN HANDWEAVING, by Mary Meigs Atwater, Pub. by The Macmillan Co., New York, N.Y., (c) 1951, 341 pages, illus., \$5.50 softbound. Instruction, technical information, history, equipment, materials and methods are clearly explained.

PROTECTION AND HUNTING

DOG OWNER'S VETERINARY GUIDE, by G. W. Stamm, Pub. by T. F. H. Publications, Inc., P. O. Box 33, Jersey City 2, N.J., \$2.95 paperback, illus.

HOW TO RAISE AND TRAIN A PEDIGREED OR MIXED BREED PUPPY, by Arthur Liebers, Pub. by T. F. H. Publications, Inc., P. O. Box 33, Jersey City 2, N.J., 64 pages illus., \$1.00 paperback. Nine chapters covering canine questions from choosing a pup through breeding the adult dog.

USAF SENTRY DOG PROGRAM, U.S. Gov. Doc. #D 301.7:125-5 (c) 1964, 100 pages, \$1.00.

MILITARY DOG TRAINING AND EMPLOYMENT, U.S. Gov. Doc. #D 101.20:20-20, (c) 1960, 116 pages, 35¢.

PISTOL & REVOLVER GUIDE, by Major George Nonte, Pub. by Follett Publishing Co. (Publishers of Shooters Bible), 1010 West Washington Blvd., Chicago, Ill., (c) 1967, 192 pages, \$3.95 paperback. An excellent and complete introduction to handguns for protection, hunting and sport — 4 pages of bibliography and 2 pages source list included.

SPEER RELOADING MANUAL #7, Developed by Speer, Inc., Lewiston, Idaho, Printed by Glenn Printing Co, Inc., Kansas City, Missouri, (c) 1966, 382 pages, \$2.95 Spiralbound, hard papercover. Loading data on all popular rifle, pistol and shotgun cartridges, plus articles on handloading by experts in the field.

LEE RELOADING HANDBOOK — FIRST EDITION, by Lee Custom Engineering, Inc., Hanford, Wis. 53027, (c) 1967, 100 pages, 98¢ paperbound. The complete details of handloading for the novice using the \$9.50 Lee Handloading Kit. It tells how, why, and how much it can save you.

LAND MOBILITY

ROLL GYPSY, INNOVATOR, March 1968, Box 34718, Los Angeles, California 90035, 4 pages, 25¢ per issue. The mobile home as a source of freedom is completely presented.

CAMPER COACHMAN, Pub. by Griffin Publications, 545 W. Elk Ave., Glendale, California 91204, about 100 pages per month, 6" x 8", subscription price \$2.50 per year or 25¢ per issue. Information on campers and vans, plus miscellaneous land mobility vehicles. Also includes technical reports, product analysis, reader correspondence, etc.

WHEELS AFIELD, Pub. by Peterson Publishing Co., 5916 Hollywood Blvd., Los Angeles, California 90028, about 75 pages per issue, 8 1/2" x 11", subscription rate \$5.00 per year/\$9.00 for 2 years or 60¢ per issue. This magazine is devoted to recreation vehicles — vans, campers, trailers, dune buggies and bikes.

With purchase of THE RETREATERS' BIBLIOGRAPHY comes the option to update with the supplements to it which will be published as accumulated information warrants. If you would like to be kept on our mailing lists for notification of such supplements, plus other printed offerings, seminars and services which Atlantis Enterprises Ltd. presents, make a point of forwarding your new address whenever you relocate — such information is, of course, kept strictly confidential.

The taped presentation of "Self-Liberation" is now available and the "Retreat Concept" tape will be ready by July, so if these offerings interest you, contact us for more information and rental rates.

WATER MOBILITY

FOLBOT CATALOG, available from Folbot Corporation, P. O. Box 567, Charleston, S.C., 29405, (c) 1967, No Charge. A catalog on light-weight folding and rigid boats.

KLEPPER CATALOG, available from Klepper, 35 Union Square W New York, New York, 10003, (c) 1967, No Charge. A catalog of folding boats.

ROYCES "SAILING ILLUSTRATED" 3rd Edition, by Pat M. Royce Publications, Box 1967, Newport Beach, California, (c) 1967, approx. 300 pages, \$3.00 paperback. A clear, concise, basic about sailing. A must for the beginner.

YOUR GUIDE TO BOATING — POWER OR SAIL, by John Bohan Barnes and Noble, no address, (c) 1965, 407 pages, illus., \$ paperback.

SMALL BOAT ENGINES by Conrad Miller, Hart Publishing Co Inc., New York, N.Y., (c) 1961, 316 pages, illus., \$1.95 paperback. A comprehensive handbook covering care and maintenance inboard and outboard motors.

FELL'S GUIDE TO SMALL BOAT NAVIGATION, by Charles Far Jr., Frederick Fell Inc., New York, N.Y., (c) 1962, 134 pp \$3.95 hardbound.

1968 POWER BOAT ANNUAL, Pub. by Marine Publications, 130 Shepard Street, Lawrence, Mass. 01843, (c) 1968, about pages, \$2.00 illus. Buyers comparison guide of available boats.

BOOK SOURCES

THE ADOBE HACIENDA, Rt. 3, Box 517, Glendale, Ariz 85301. Ask for a free catalog.

PUBLISHERS CENTRAL BUREAU, 33 — 20 Hunters Point Ave Long Island City, New York 11101. Write and ask to be put on mailing list and ask for their latest catalog.

MISCELLANEOUS

"LITTLE CHEF" portable fish and meat smoker. Made by Luhr Jr and Sons, Hood River, Oregon. Write for free information. Price "Little Chef" is \$32.50.

GAS STOVES, HEATERS AND REFERS, by Paulin Infra Red Pro Company, 16100 South Waterloo Road, Cleveland, Ohio 44

RETREAT???, INNOVATOR, April 1968, Box 34718, Los Angeles, California 90035, 6 pages, 25¢ per issue. A general review of retreat concept by Don and Barbie Stephens and detailed art with bibliographies on specific topics.

GREEN REVOLUTION, Pub. by The School Of Living, Lanes Homestead, Brookville, Ohio, subscription rate \$3.00 per year; per issue. "A world-wide effort for decentralization and revival" according to its masthead, is a monthly newspaper for publication dealing with homestead-type retreating as a way to freedom right now. It offers articles, letters-to-the-editor and classified advertising to the future retreaters as well as today's "sodbust



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INNOVATOR

RETREAT ???

FOR THE GOOD OF THE PEOPLE

(AP release May 18, 1969)

"The President today placed his signature on Executive Order 12-389A prescribing action to be taken to protect the people from insecurity, fear and hardship for the duration of the national emergency. The Chief Executive used ninety-seven pens in signing this important document designed to direct the people's efforts toward greater freedom through a moratorium on change. He handed out signing pens to labor leaders, high government officials, the Director of the FBI and police chiefs from the nation's twenty-three major cities. Telegrams were read by the Secretary of State from many world leaders congratulating the President on his swift, firm action in the face of this latest economic and political crisis.

"This Executive Order fixes all wages and prices at their present level and attaches each man to his present job to insure him economic security.

"It also suspends all political elections and retains present officials in office for the duration of the emergency.

"In order that truth in press can be insured for all the people, a Director of Media will be appointed and will guide the press in its efforts. All un-American publications such as "underground", libertarian, leftist or capitalist newspapers will be ordered to cease activity for the duration of the emergency and their publishers and staff detained for the public good.

"All permits for travel outside the country except on official government business are temporarily cancelled, and attempting to leave the country without such a permit will be considered a felony.

"Because of the threat to the economy that such hoarders represent, all persons holding silver, gold and other precious metals privately will be taken into custody and their holdings returned to the public coffers.

"All persons advocating dissent, including but not limited to political activists, preachers, poets, philosophers, anarchists, libertarians, capitalists, racists, peaceniks, civil rights advocates, beatniks and hippies, will be rounded up and temporarily detained in the recently refurbished Federal Observation Camps for reorientation and education in the proper roll of citizenship. Their holdings too will be returned to the public coffers.

"All conflicts arising from this Executive Order and all additional rulings required to maintain the static good of the people will be settled and determined by the Moratorium Director and his staff of advisors under the Chief Executive's direction.

"Tomorrow morning the President and his guests will visit nearby Morningside Federal Observation Camp for grand opening ceremonies and at the same moment across the country 217 other dignitaries will cut ribbons opening other observation camps."

The above newspaper article is fiction at the date of this writing, but the precedents or machinery for all those "emergency" measures exists. In other countries many of these "necessary steps" have already been taken and it can happen here!

Possession of fine gold was made a crime in 1933 and the same can happen to silver, platinum, and other metals. During the Second World War, thousands of Oriental people were herded into relocation centers.¹ This type of facilities whether labeled relocation centers, observation, detention or concentration camps, are still a little-publicized reality — they are equipped at this time to immediately accommodate more than twenty-six thousand people.² As a result of the McCarran Internal Security Act of 1950 drawn up by supporters of Senator McCarthy's witchhunt, the President has the power to fill these camps with whatever luckless category of people he deems dangerous under whatever "internal security emergency" he alone wishes to declare. These camps can be activated and people detained without trial or appeal. A good deal of lip service is now being given to restrictions and controls of U.S. travel abroad and it is already a crime to visit certain countries without specific written permission from the State Department. Reportedly, Executive Orders to impose wage and price controls and to place a moratorium on elections are already drawn up and waiting. All that is required to put them in force is a crisis severe enough to "justify" their use and the President's signature.

Are such actions legal? U.S. history shows it's not a matter of what is constitutional; only of what can be gotten away with. And a look at the problems now facing this country suggest a series of crisis over the next few years, any of which could cause one or all of these emergency measures to be taken.

For the libertarian presently living in the thick of the action but faced with the constant threat of becoming an ex post facto criminal, the retreat concept is a promising source of freedom. This approach to personal freedom has been discussed to a limited degree in issues of INNOVATOR on various other themes but I feel it is time it be reviewed more intensely and to that purpose this issue is dedicated.

The retreat idea is not new to people seeking freedom. It was the motive power behind many of the groups leaving Europe to find a home in the New World both before and after 1776. Later the desire for "elbow room" led families to brave great hardships and head West; freedom made the price worth paying.

As the cities become hothouses for violence and life in the population centers is ensnared by more laws each day, the retreat idea again comes forward among those who value liberty. The intentional community retreat has been beautifully presented by Ayn Rand in ATLAS SHRUGGED, and in ANTHEM she described a somewhat romanticized family retreat. Harry Browne has offered several well-attended seminars on retreating as a way to survive an economic crisis; and response to the RETREATERS' BIBLIOGRAPHY has indicated many people's thinking is headed in this direction. So what exactly is the retreat concept and how can it be implemented?

Noel Webster defines retreating as "an act or process of withdrawing, especially from that which is difficult, dangerous or disagreeable."

and a retreat as "a place of privacy or safety — a refuge". Basically, there is a point for each of us when the restrictions and dangers of life in the populated areas of the country outweigh all the positive factors. This point will be different for each individual and to a large degree will depend on his ability to establish a comfortable, safe life on his own.

By making preparations now — either by gaining knowledge necessary for self sufficiency or by establishing and stocking your retreat — you will not be forced to stay when dropping out would offer greater freedom and safety. And preparing yourself can be a source of pleasure as well as an insurance policy. As you become more able to live, not just survive, on your own, you will feel less trapped by the decay all around you. As you learn each new life skill you will feel confidence and pride in your growing efficacy. And by establishing a retreat in advance, you will have a vacation spot that you can enjoy and improve year by year even if you never use it on a full-time basis; you'll have great peace of mind, just knowing it's there.

THE ISSUE EDITORS

- (1) See INNOVATOR December 1966.
- (2) CONCENTRATION CAMPS USA by Charles R. Allen, Jr. (Marzani & Munsell, Inc., 1966).
- (3) See INNOVATOR July 1966.

LOCATION AND SHELTER

WHERE TO RETREAT Selection of a proper location is one of the most important retreating decisions. Nearly all other aspects of preparation will be greatly influenced by this essential first step. What is a pleasant place to spend an indefinite interlude for one person would be a hellhole for another. Therefore, selection is a very personal thing and no pat answer on what to look for can apply equally to everyone. However, the following checklist should prove a good starting point in evaluating various sites under consideration:

Selecting a region

1. How far away can the retreat site be?
 - How often is it to be visited? On weekends? On long weekends?
 - On annual and biannual vacations?
 - How much of the materials, tools, and supplies necessary to establish the retreat must be hauled to the site? How much can be obtained on or near the site?
2. How close should the site be to civilization and major cities?
 - How dependent on outside trade is the economy of the retreat's locale?
 - Would the nearby people, if any, be able to support themselves without looting? Can they be trusted? Are they self-responsible? Will they provide a local source of commodity and "Know How" exchange?
 - Is the area one which will attract looters from metropolitan areas?
 - Does the area provide accessibility to public utilities such as electric power, water, gas, etc., if these are to be used until no longer available?
3. Is danger of nuclear attack a factor in retreating? If so, is the retreat site away from probable targets and fallout patterns? (Check with Civil Defense)
4. If government agencies are aware of the retreat, it will be subject to their coercion as long as the State continues to function. This means legal restrictions affecting the site, its use, and its occupants must be investigated.
 - What are the taxes on property, improvements, production, etc.?
 - What are the zoning ordinances? What building, fire, plumbing and electrical codes requirements, if any, will limit development of the property?
 - What laws regarding personal freedom will affect the occupants? Are children required to attend accredited schools? Are there oppressive sex laws? Are there restrictions or bans on possession

of firearms, books or precious metals?

- To what degree can and are these laws enforced?
 - Is there a tendency toward increased government control as a "cure-all" in the area being appraised?
5. Climate and ecology will define the approach required in fulfilling all basic human needs — housing, food supply, water supply and requirements, power sources, fuel sources and requirements — and will determine what effort and adaptation will be required to live well.
 - What type of ecology is most desirable? Sea shore? Desert or prairie, southern or northern forest? Or a combination of these?
 6. What land is available in the area selected?
 - Cabin sites in U.S. National Forests? (Very few are left; those that are require long application waiting period. The Forest Service retains control and charges a 5% per year leasing fee on the appraised value of the lot. No livestock or commercial ventures are permitted.)
 - Delinquent tax land sales? (Information available from county assessor or tax collectors at county seat — sold at auction and buyer must be present to bid.)
 - Small Tracts Act of 1938? (Information available from county assessor or Bureau of Land Management. Very slow complicated process which may result in purchase after three years of leasing and inspections.)
 - Lumber and logging land? (Usually for lease only.)
 - Private land? (Information available through local newspapers and realtors and through national real estate firms and newspapers in the major cities.) Is private land to be purchased or held on long term lease?
 - Crown land in Canada? (Information available from Department of Lands, Forests, and Water Resources in capital city of province where land is located. Procedures are rather complicated and time consuming but in many unpopulated areas, all land is Crown land.)
 - Squatting? (See "Coastal British Columbia As A Retreat Area" INNOVATOR September 1967.)

The Homesite

Once a general area has been selected, the actual homesite must be pinpointed and evaluated:

1. Privacy and accessibility
 - Will improvements attract attention? Can they be camouflaged?
 - How will the site be reached? By car, jeep or truck? By boat? By plane? By trail motorcycle, horse, or on foot?
 - What road or trail, if any, will have to be built?
 - Is the site accessible in all seasons of the year?
2. Topography and orientation
 - What is the slope of the land? Will there be drainage, flooding or snowslide problems?
 - Does soil offer a suitable base for foundations?
 - What is the angle and degree of sun exposure at various times of day and year?
 - What is maximum depth of winter snow if any?
3. What is the localized climate of the site? (Avoid narrow canyons which act as venturi, areas downwind from mosquito infested swamps, mountain meadows where cold air settles at night and high points which will attract lightning.)
4. What geological resources are present?
 - Water — for drinking, irrigation and stock watering? For power generation?
 - Wood — logs for building and from which shakes can be split? Poles for fences? Firewood?
 - Stone — large rocks for foundations? Stones for composting, wall and fence building and paving? Gravel and sand for use in cement? Rock strata or sand bearing precious metals or gems?
 - Soils — fertile soil for agriculture? Clay for adobe or brick? Sandy soil for septic and drainage fields?
 - Glacial ice or snowpack for water supply and to provide cooling for foods?

- What desirable plants and animals are present and what undesirable or dangerous ones?
- What legal responsibilities are attached to the site? What are the taxes and assessments? Are water and mineral rights included in ownership? Are there easements or established usages on the property?
- Maintenance — what are insurance rates? Is there a danger of fire, snow or flood damage? Is the site likely to attract vandals?

HE RETREAT HOME At the same time that various sites are being evaluated, consideration should be given to the way shelter is to be provided. The location selected will affect type and method of construction as well as the materials available. On the other hand, building construction methods will determine which sites can be considered.

If a suitable site can be found with sound existing buildings, this may be the easiest answer. If only minor remodeling is required, a great deal of time and money may be saved. However, an older building must be carefully inspected for structural weakness, termite damage or other problems that could make renovation difficult, especially if it has not been occupied for some time. Also, it may not be located or oriented to best advantage.

If that "perfect spot" is not endowed with a usable house, building a new retreat home can be accomplished several ways. For the person who has the time and money and who is not concerned about a large construction crew knowing his retreat inside and out, the simplest answer is to contract complete construction by a reputable professional contractor using detailed plans and specifications. For best results, ask for competitive bids, visit other projects by any contractor under consideration and talk with the owners to see if they're happy with his work. Assistance from a designer or architect aware of retreat requirements in planning, directing bidding, drawing up contracts and supervising construction can be a money-saving approach for those lacking previous experience in building.

Two methods of building which take advantage of modern factory mass production methods are prefabricated and precut construction. Both methods reduce the time and work required at the site and can make it possible for anyone able to use basic hand tools to "build-it-himself". This reduces capital outlay and the number of people who become familiar with the site during construction. Prefabricated means that the building is moved to the site in factory-assembled sections; precut, as the name indicates, means a "kit" of pieces cut to size, drilled and marked to facilitate assembly and complete with plans, offered in a compact bundle ready for assembly. Precut kits are less expensive than prefabricated and the cost and problems of delivery to the site are less. In shopping for such a "package house," the quality of materials, the completeness of the kit including floors, doors, windows, interior finishes, cabinets, decks and stairs, the clarity of the plans and assembly instructions and the reliability of the manufacturer are things to check. If possible, talk with people who have already bought and built the kit being considered.

If the retreat home is to be built from scratch, careful advance planning will separate the successful from that which just keeps out the rain. There are a number of good standard plans offered complete with material lists¹ and a number of books on "vacation homes" which can provide a source of ideas. For the person who wants a design tailored to his exact needs the services of a designer or architect are the answer. A good designer will take all the special requirements of the client into consideration and will design the structure so it can be built without elaborate equipment by the "do-it-yourselfer".

In planning for the retreat home, the following questions should be answered:

1. What method of building is to be used? Conventional frame construction? Log cabin construction? Masonry? Are onsite materials usable?
2. What tools will be required? (The right tool can make a hard job easy.)
3. Materials

- What type of foundations? Concrete? Wood piles? Stone or concrete block?
- Floors — concrete or stone? Wood or plywood? What about underfloor insulation? What surface finish? Tile or linoleum? Carpet?
- Walls — studs or wood? Shakes or shingles? Concrete block, stone or adobe?
- Roof — wood, glue laminated or steel beams? Wood sheathing or plywood? Builtup roofing, shakes or shingles? Sheet metal or painted canvas? What about camouflage?
- 4. Interior planning — are there to be multiple use areas? Is the kitchen to be a separate room or part of the main area? How many bedrooms? How is storage to be provided?
- 5. Heating — if by furnace, what type of fuel? By wood stoves or fireplaces? Insulation means less heat loss; what type of insulation is to be used?
- 6. Water — from a well, stream, lake, or reservoir? Is a water storage tank required? What kind of plumbing — iron, copper or PVC plastic?
- 7. Sewer — is conventional sewage service and septic field to be provided or will an outhouse be satisfactory?
- 8. Lighting — is electric power available or planned for at the retreat? Or will lighting be by white gas or kerosene? In any case, light colored interiors will reduce lighting requirements.

The retreat home can be set up with all the conveniences of city life — hot and cold running water, electricity, indoor plumbing and central heating — but these need not all be provided in the beginning. At first, the house need consist of nothing more than a shell protecting those items stored there from the weather and vandalism. Improvements can be made during visits to the site as time and money permit, with those things having the highest survival value being added first. When and if the retreat is occupied on a full time basis there will be plenty of time to make additional improvements.

A retreat established now will tend to weather and fade into the surroundings as time passes and thus will cause less interest when it's occupied. It will provide a secure place for those items which would be priceless under retreat conditions, but which would have to be done without by the person retreating with what he could carry in his own truck alone. Such a retreat, properly located and stocked, will truly be "a place of privacy and safety — a refuge".

DON STEPHENS

- (1) SECOND HOMES FOR LEISURE LIVING (American Plywood Association, 1119 A St., Tacoma, Wash., 98401, 25¢ paperback) and

VACATION HOMES (Western Wood Products Association, Yeon Building, Portland, Oregon, 97204, 10¢ paperback)

Bibliography:

CABINS AND VACATION HOUSES, by the Editorial Staff of Sunset Magazine, Pub. by Lane Magazine and Book Co., Menlo Park, Calif (c) 1960, 130 pages, \$1.95 paperback only.

HOW TO BUILD YOUR CABIN OR MODERN VACATION HOME by Harry Walton, Pub. by Popular Science Books, 355 Lexington Ave., New York, N.Y., \$1.50 paperback only.

HOW TO BUILD YOUR HOME IN THE WOODS by Bradford Angier, Pub. by Hart Publishing Co., Inc., New York, N.Y., (c) 1952, 309 pages, \$1.95 paperback.

HOW TO USE HAND AND POWER TOOLS by George Daniels, Pub. by Popular Science Books, 355 Lexington Ave., New York, N.Y., 10017, \$1.50 paperback only.

HOME GUIDE TO PLUMBING, HEATING, AIR CONDITIONING by George Daniels, Pub. by Harper and Row, New York, N.Y., (c) 1967, 186 pages, \$3.95 hardbound.

SIMPLIFIED ELECTRICAL WIRING HANDBOOK, Pub. by Sears Roebuck & Co., Los Angeles, Calif., 90054, (c) 1964, 56 pages, 50¢ paperback only.

PREPARATION FOR GOOD EATING

Because the quest for food must come before other important retreat activities, advance preparation in this area is vital. It may take several years to establish a successful garden, learn to forage for wild produce and develop hunting and fishing skills. This means putting in provisions now is a good investment.

"The serious retreatist should consider caching a several year supply of wheat, sugar and other easily-preserved high energy staples," according to Tom Marshall. "With stored carbohydrates supplying body energy, a small quantity of wild foods which even a novice woodsman can secure will provide essential vitamins, minerals, proteins and even fats. But meeting ENERGY requirements with wild foods is something else again. The alternative to a pound of wheat, which can be purchased today for five cents, may be five hours of grubbing out roots or patrolling trap lines."

The Belvedere Food Club, a Mormon Church Committee, offers a year's supply of nutritional foods through their organization for approximately \$100.00. Because of varying caloric requirements, the cost will be more or less for some individuals. With the correct balance of protein, calories, vitamins and minerals, fats, and water, a working man's diet requires about 2500 calories per day. The basic staples suggested are wheat, dry milk, sugar or honey, salt, ascorbic acid and water. These can be varied by including other whole grains, powdered eggs, dehydrated fruits and canned goods. In planning a food supply, consider where it is to be stored. Will it be kept at home until time to retreat, then be packed into the Volkswagen and taken along? Or will it be stored at the site ahead of time? This may help decide what type of foods will be stored. For those who have selected a site, it is probably best to store at least a part of the provisions there, protected from bureaucrats, vandals and animals. Wherever the foods are to be stored, the following information should be considered:

GENERAL — Keep food stores dry, cool and sealed from air as well as possible. Consider how the food is to be carried or hauled to the retreat before selecting drum or container sizes.

STAPLES — White flour, granulated sugar and bulk dried milk powder should be top quality and thoroughly dry when purchased. They should be stored in dry, airtight metal or glass containers. Grains such as wheat and rice, and beans and peas, whole or split should be clean and free of insects and their eggs before being stored in clean containers with sealing, airtight lids. Only "hard" wheat should be purchased (15% protein, less than 10% moisture content). Place containers on blocks of wood so air can circulate all around them, especially if stored on moist floors. Powdered milk loses some food value after one year unless stored at below 40 degrees. However, it is a valuable source of nourishment, one worth learning to use.

CANNED OR BOTTLED GOODS — Do not purchase for storage foods in dented cans; such denting may cause breaks in the lining material of the can and result in food contamination. If canned or bottled goods are dated, used, and replaced systematically, those on hand will always be relatively new. If they must be stored for some time, hot paraffin may be poured over the lids of jars, and cans may be dipped in wax to protect them from air and moisture. Or the jars and cans may be submerged in mineral oil in drums. To protect vitamins, keep bottled foods away from light. Canned products which are full of fermentation gas, severely discolored or "bulged" should be destroyed. Do not allow canned or bottled goods to freeze.

MISCELLANEOUS — Fats and oils, in metal or glass containers sealed at the packing plant, should keep in a cool place indefinitely if the seal is unbroken. Dry fruits such as raisins, apricots, etc., should be as dry as possible and free of insects and their eggs. They should be repacked loosely in clean canning jars which are placed without lids in an oven, heated for 20 minutes at 150 degrees, then capped with sealing type lids. Dry "old fashioned" hard yeast cake can be stored in sealed bottles and if kept cool will last a year or more. Keep baking powder in the original container. Repack baking soda in a metal or glass container and seal. Keep salt in the original paper packages but place these in dry, airtight metal drums; or buy salt

in block form and grind it as needed. Iodized salt which has become discolored by the iodine has not been harmed and is still good for seasoning foods.

FINALLY, don't let canning jars stand empty. As bottled foods are used, clean each batch of bottles and fill with water to within one inch of the top and process in a pressure cooker for about fifteen minutes. Place the sealed, sterile, bottled water in storage for emergencies.

Once the retreat has become a full-time home, food in unending variety can be gleaned from a number of sources. The greens, fruits, berries, herbs and vegetables that abound in nearly any wild area, waiting to be discovered, can be supplemented by more familiar produce from the garden once it is established. An orchard, though it requires longer to bring into production, can be a dependable source of fruits, nuts and maple sugar in a few years. In a properly selected retreat location large and small game would provide a plentiful supplement to the meat, milk, cheese, butter and eggs furnished by domestic animals. If the retreat is near a stream, river, lake or ocean shore, then another bountiful harvest is in the offing for those prepared to gather it in. Through food preservation methods the seasonal nature of most types of food available at the retreat can be overcome by those who have developed the know-how and gathered the equipment in advance.

Nearly all foods can be preserved in one or more ways. Fruits can be canned, dried, candied, and squeezed to produce fresh canned juices and wines. Vegetables can be kept in a root cellar, canned, pickled, or dried. Meats may be kept by canning, pickling or curing, drying, jerking, freeze drying, salting and curing. Milk and cream can be converted into cheeses. Grains, beans, rice, peas and nuts can be kept by simply keeping them dry and protecting them from insects and rodents. However, without the proper equipment and ingredients, stockpiled before retreating, many of these methods will be unusable or dangerous.

In addition to gathering hunting and fishing gear, gardening and farming tools, food preparation and preserving equipment and supplies, three other projects can do a great deal to enhance the retreat ladder. First, start a **SEED LIBRARY** — a kit containing seeds of all the vegetables, fruits and flowers which will or may grow in the retreat climate and which could prove useful. Include those which would produce plants usable as feed for domestic animals, plants which would attract and feed wild game, and those which would repel harmful insects from the garden and homestead. This "library" should include at least enough seeds for three years' planting. It may take that long to get a successful crop of some things. Under retreat conditions, seeds may prove a better form of small coinage than copper-nickel slugs, so taking along a few extra for trading purposes might be a good idea.

Second, **PREPLANT THE SITE** — Put in trees now so they will start bearing sooner. Plant wild rice, grasses, sunflowers and other game food plants to encourage a higher wild population around the site and start several salt licks with salt blocks to provide for easier hunting in the future. Plant clover and other cover crops which will enhance the fertility of the soil.

Last, try **GARDENING** by the organic method at home now before it's a matter of survival. Now is the time to have those "crop failures", while the local grocery store is there to offer aid.

Start now, to gather the knowledge and the equipment to meet the future's needs. Start now, by building a seed library, by collecting foods to take to the retreat, by planting a garden and practicing food preservation methods. Start now by practicing hunting and fishing methods and by foraging off the land. Start now, by gathering the books telling how to do these things. Start now to be prepared. Without preparation, retreating will be a struggle for survival; with preparation, as Thoreau said over a century ago, all necessary farmwork can be done with the left hand at odd hours of the day.

BARBIE STEPHENS

Bibliography:
THE BEVEDERE FOOD CLUB, c/o R. S. Fowler, 1823 South

McPherrin Ave., Monterey Park, California.

HOME MEAT CURING, Pub. by Morton Salt Co., 110 N. Walker Drive, Chicago, Illinois, (c) 1965, 68 pages, 50¢ paperbound.

LIVING OFF THE COUNTRY by Bradford Angier, Pub. by Stackpole Co., Harrisburg, Pa., \$5.00 hardbound.

BALL BLUE BOOK, Pub. by Ball Brothers Company, Inc., El Monte, California, (c) 1963, 96 pages, 35¢ paperbound.

KERR HOME CANNING BOOK, Pub. by Kerr Glass Manufacture Corp., Sand Springs, Oklahoma, (c) 1965, 56 pages, 35¢ paperbound.

A RETREAT MEDICAL KIT

The basic item in the medical kit should be THE MERCK MANUAL, a reference book covering all diseases and their treatment. This is a must if you don't have available medical help. It is written in easily understood language and is updated each year. Chemical names and dosage amounts for treatment of each disease are listed. I'm sure you could get any bookstore to order you a copy.

Probably the most common problem at the retreat will be the preservation or treatment of infection in cuts and abrasions. For prevention you should have tincture of Merthiolate, alcohol or Zephiran chloride solution to sterilize any open cut or scratch before it gets infected. Then, of course, plenty of band-aids of all sizes, gauze and adhesive tape to cover cuts or scratches. A deep cut can be pulled together with tape if no medical man is available to suture it shut. For any injury which is bleeding profusely, put some gauze over the wound and hold pressure directly on the cut. The bleeding will stop more quickly and hence less blood will be lost by direct pressure than by trying to use a tourniquet, and direct pressure reduces the chance of complications. Always clean any open injury well with soap and water, removing all dirt and other foreign matter before applying the dressing.

For control and treatment of infection, external and internal, you should have some antibiotics in the kit. I would suggest you get a prescription from your doctor for enough antibiotic to treat each member of the family at least once for a 5-day course; more if possible. 2 Judge whether infection is present by fever and inflammation or swelling (include a thermometer in the kit). Heat will help for surface infections so include a hot water bottle or two. Polycillin is probably the drug of choice now because it is effective against a wide variety of conditions. Because liquid antibiotics have a limited shelf life, dry type antibiotics should be selected if possible. Also sulfa powders and tablets which last indefinitely are well worth obtaining.

Pain may be a serious problem so you should include Darvon Compound 65. You will need to take one or two about every four hours as needed for pain.

You should include an antinausea such as Bucladin and take one as needed for nausea.

Fractures should be treated by splinting. There is a good plastic inflatable splint in each arm and leg length. These take up very little space and are far more effective and comfortable than wood splints.

Treat abscesses with heat and when the center gets white, open it with a needle or similar sharp object which has been sterilized with Merthiolate.

I'd advise a fairly good supply of sleeping pills, tranquilizers, antihistamines and antacid tablets. Buy some over the counter variety or get a prescription from your doctor.

Be sure to have a good supply of any drugs that you take frequently. You should also get hundreds of aspirin. Trib ointment is an antibiotic cream that should be included. Put in as many vitamin capsules as possible; these will provide good insurance that dietary changes will not result in vitamin deficiency diseases.

If you will be in areas where irritative plants like nettles and poison ivy abound or where stinging or biting insects are a problem, a good supply of antihistamine/anesthetic ointment would be a good investment. Also a supply of an effective insect repellent. If poisonous snakes are problems, a Cutter snake bite kit should be carried on your person whenever you are afield and you should have an antivenin kit at the retreat.

Other books to be considered for the retreat medical kits might include a Red Cross First Aid Manual, a good book on nutritional values of foods, an exercise book for periods of reduced activity, and books on speciality subjects such as delivering a baby at home, care of children's health problems, etc.

If you can fit it into your schedule, a good first aid course would stand you in good stead.

Finally, be prepared with a good kit but don't be overly concerned about health problems at the retreat. Because of lack of exposure to those carrying communicable diseases like colds, flu, etc., these should be reduced significantly. And because you will be keeping active enough to be in good shape, breathing fresh air and living under minimal emotional stress, many of the problems of the deskbound rat race will no longer plague you. Wishing you health and happiness in a climate of liberty. A PRO-FREEDOM DOCTOR

(1) MERCK MANUAL (Merck, Sharp and Dohme Research Lab. — Division of Merck & Co., Inc., West Point, Pa. \$6.00)

(2) If your family doctor hesitates to provide you with the prescription drugs you need for retreat medicine, many of these same drugs can be purchased, often at considerable savings, as veterinary supplies without prescription.

Bibliography:

MOUNTAINEERING MEDICINE by Fred T. Darvill, Jr., M.D. Pub. by The Mountaineers, Seattle, Washington, 34 pages, \$1.00 paperbound only.

FIRST AID TEXTBOOK by American Red Cross, Pub. by Doubleday & Co., Inc., Garden City, New York, (c) 1957, 249 pages, \$1.00 hardbound, 75¢ paperbound.

MOBILITY — AN ALTERNATE RETREAT CONCEPT

Mobility, whether on land or sea, affords considerable liberty in the here and now. But a live-aboard boat or van is also unexcelled as "disaster insurance", comparing favorably to the stationary shelter. Potential advantages include:

Flexibility: Selection of a stationary-retreat site necessitates long-range prediction of political "climate" in a particular country or locale; this is hazardous at best. Mobile retreat, on the other hand, requires only short-term prediction; when flight-time comes, the nomad simply moves to the place most advantageous at the moment and, if necessary, moves again and again.

Speed of evacuation: The unprepared apartment dweller may still be packing food, clothes and children when a nuclear warhead detonates, a mob razes his street, or roadblocks go up. The boat or van dweller is ready to sail or roll at a moment's notice or, if disaster strikes while off work, may already be clear of congested areas.

Security of site: Even in relatively uninhabited regions the prepared site will sooner or later show on aerial photos, especially if proto-agriculture is attempted; the retreaters may arrive safely only to be "welcomed" by local tax collectors, State school officials, and perhaps "emergency labor" registrars. The nomad moving to an unaltered site gives no advance warning; if he is eventually noticed by the people molesters, he moves again.

Concentration of resources: The stationary-retreat developer must divide knowledge, labor and finances THREE ways — among city housing, wilderness cabin, and transportation vehicle. The boat or van live-aboard concentrates on a SINGLE home-vehicle which can be moored or parked with equal facility at Marina Del Rey or Bella Coola Bay.

Preservation of assets: The stationary dweller must abandon most of his property when he flees the city. The mobileman brings most of his possessions with him to a retreat area; they are available to use as is or cannibalize.

Integration of present and future: Preparation for retreat may entail a negative and catastrophic view of the future and be psychologically debilitating. With every expenditure of time or money the stationary dweller must forgo PRESENT living for FUTURE survival or vice versa. Since retreat preparations ARE only insurance, at best they may be slighted; more likely they will be postponed indefinitely with rationalizations that time or money is lacking "right now". Or worse, one may give up all concern for the future to "eat, drink and be merry..." though such a person is seldom merry. The stationary-site retreaters who DOES make adequate preparation may spend a substantial part of his life getting ready for a calamity which never comes. In contrast, the modern nomad can enjoy freedom now, and almost as a by-product be well prepared for tomorrow; with present living and future survival in harmony, he plans with confidence and acts with enthusiasm.

While the boat or van dweller has made an excellent start, he can improve survival odds by having on board at all times fuel, spare parts, food and other supplies sufficient for travel to sanctuary plus several months of living while learning wilderness skills. And he will probably spend vacations exploring promising retreat areas. Equally important, he will strive to increase his freedom under present conditions; perhaps by developing an occupation not dependent on physical location nor bureaucratic approval; perhaps by utilizing wild foods when economical; perhaps by cutting ties with those unwilling to leave the bosom of the Grave Society. Come what may, the future will belong to those who are already free. EL RAY

RETREATING ON A SHOESTRING

Many who read this issue of INNOVATOR will for reasons, financial or other, find it impossible to establish and stock a retreat in the uncharted forests right now. Though building a home and out-buildings, clearing ground to develop a garden and orchard and establishing livestock facilities are out of reach at the moment these are other steps which can be taken with minimal capital outlay for maximum survival value:

1. Find and stock an EMERGENCY RETREAT LOCKER. This could be a metal foot locker or whatever suits your needs. It should be of a size to fit in your camper or automobile trunk and should be stocked at all times so it can be tossed in the vehicle at a moment's notice. It should contain essentials you would need if you had to leave suddenly without warning. These might include the following:

- . Dry food ration
 - . Sleeping bag(s) or bedding
 - . Clothing — warm and cold weather clothing, rain gear, boots, heavy socks, hat, etc.
 - . Basic tools — ax, shovel, hammer, hoe, chisel, etc. (On long handled tools, handles might be omitted, they could be fabricated later from local material.)
 - . First aid kit, cooking gear, light or lantern, waterproofed matches and a reliable transistorized radio
 - . Compass, maps, and survival books
 - . Firearms, ammunition and fishing gear
 - . Silver coins or trading commodities
 - . Seed library
2. Collect and read BOOKS on various aspects of self-sufficiency. The knowledge in your head is the lowest cost, most valuable, lightweight resource you have. And it can't be stolen or looted.
3. Invest in COURSES — First aid courses, mountaineering courses like those offered by the Sierra Club, etc.
4. Plant a small GARDEN and practice FORAGING off the land.
5. Equip your present vehicle or a used van or camper as a RETREAT VEHICLE with extra gas tanks, water tanks, balloon tires, etc.
6. Visit potential RETREAT AREAS on vacations and long weekends. Look for possible food sources, caching places, etc. If you live in a

metropolis, locate temporary staging areas outside the city where you can wait during periods of potential crisis while monitoring what is happening back home by radio.

7. Keep in touch with what is going on in government and the world by subscribing to a variety of news and commentary PUBLICATIONS, libertarian and otherwise. Watch the economy through the Wall Street Journal or other financial publications.

8. TRAIN YOUR MIND to be adaptable. Learn to accept the fact that things may change quite suddenly for the worse so that if this happens you can be acting while others panic.

9. Keep your retreat plans CONFIDENTIAL whenever possible. Today's "good listener" may be tomorrow's looter.

As you make these preparations, any eventuality will become less threatening. Only those who are prepared for the worst mentally and materially can afford to think optimistically. I do.

DON STEPHENS

ON THE MARKET

In addition to the footnote and "bibliography" entries in this issue dealing with specific aspects of retreating, the following are suggested as general sources providing information on many diverse retreat subjects.

GREEN REVOLUTION, "a world-wide effort for decentralization and rural revival" according to its masthead, is a monthly newspaper format publication dealing with homestead-type retreating as a way to freedom right now. However, it offers articles, letters to the editor and classified advertising of interest to the future retreaters as well as today's "sodbuster". It is published by The School of Living, Lanes End Homestead, Brookville, Ohio, 45309, and the subscription rate is \$3.00 per year; single issue is 25c.

THE RETREAT BIBLIOGRAPHY, a source listing of information and materials of value to the retreaters is now being offered with a 1968 supplement of updating entries at \$9.50 complete. Those who have already purchased the original bibliography either as a part of Harry Browne's "How To Survive A Monetary Crisis" seminar or directly may update by sending 30c in coin or stamps to the publishers to cover postage and handling. This same arrangement will be followed on future supplements to the first edition. All orders should be placed with Don Stephens, Atlantis Enterprises Ltd., 5020 El Verano Avenue, Los Angeles, California, 90041.

ORGANIC GARDENING MAGAZINE is a monthly magazine offering articles on all aspects of gardening and tree culture plus do-it-yourself shop projects, writeups on raising domestic animals, foraging for wild produce and many other topics of interest to the retreaters. It shows how to get maximum yields in home gardens without the use of synthetic fertilizers, how to control insects without chemical poisons. It is published by The Rodale Press, Inc., 33 East Minor St., Emmaus, Penn., 18049, and the subscription rate is \$5.00 per year; single issue is 50c at more complete newsstands.

This month's "RETREAT ????" editors were Don and Barbie Stephens

"BASIC CHECKLIST"

Fish hooks
 Frog and fish spear heads
 Fish line
 Sinkers (lead)
 . 22 ammunition and other
 Piano wire and copper wire
 Mouse traps
 Insect repellent
 Sun lotion and oil
 Chapstick
 Razor blades
 Shaving soap
 Zepheran
 Nupercanal lotion
 Mercurochrome or merthiolate
 Bandaids
 Gauze and adhesive tape
 Cigarette lighter and fluid
 Cigarette lighter flints
 Matches
 Flint and steel
 Ballpoint pens
 Pencils
 Scratch pads and misc. paper
 Books: HOW TO SURVIVE IN THE

WOODS

FIRST AID BOOK
 ARMY or AIR FORCE
 MANUALS
 ATLAS SHRUGGED (?)
 MOUNTAINEERING MEDICINE
 COMPASS and MAP BOOK
 HOW TO BUILD YOUR HOME
 IN THE WOODS

Hatchet (or hatchet head)
 Shovel
 Hammer
 Chisel
 Nails, screws and bolts
 Hoe and rake
 Scythe and sickle
 Cabinet/door hooks and eyes
 Brace and bits
 Compass
 Maps
 Blazing paint
 Seeds

Saws (coil wire types)
 String, twine and rope
 Leather thongs
 Pins (straight and safety)
 Clothing
 Sleeping bags or blankets
 Boots (working and hiking)
 Moleskin
 Flashlight and batteries
 Carbide lamp and fuel
 Chalk and crayons
 Magnifying glass
 Telescope or field glasses
 Sunglasses and snow goggles
 Tube tents
 Poncho
 Canteens
 Emergency food — jerky,
 powdered milk, pemican,
 wheat, dried fruit, etc.
 Pocket knife and hunting knife
 Toothbrushes and powder
 Birth control pills
 Perscription drugs
 Aspirin
 Vitamins
 Halazone and iodine water
 purification tablets
 Antihistamines
 Cough drops
 Eye ointment
 Extra eye glasses (if required)
 Collapsible buckets and dishpans
 Iron frying pan and other
 cooking gear
 Whitegas stove and lanterns
 Whitegas
 Weapons